

ACTIVITY GUIDE

SATURDAY, NOVEMBER 28– FRIDAY, DECEMBER 4

YMCA OF THE ROCKIES ESTES PARK CENTER



Questions about what's available during your stay? Visit our What-to-Expect page [here](#) or call x1104.

PROGRAM FACILITY HOURS Masks are required inside all facilities. Limited capacities.

SWEET MEMORIAL BUILDING

Open daily 8:00 AM - 5:30 PM

The hub of the Programs Department, consider us your Activity Visitor Center. Come here to find out the inside scoop, get full schedules of activities, and plan out your fun! **Questions? Call us at x1104**



BOONE FAMILY MOUNTAIN CENTER

Open Fri– Mon 9:00 AM - 5:00 PM

Sign up for hikes or get info about our climbing and biking activities!

Questions? Call us at x8402



MOOTZ FAMILY CRAFT & DESIGN CENTER

Open Thursday–Monday

9:30 AM - 4:30 PM

Unleash your creativity through any of our various crafts. Try glazed ceramics, tie dye, mosaics, painting woodcrafts and more. Prices range from \$6-\$85. Activities may vary by day.

Masks Required for ages 3+ when inside.

Questions? Call us at x1132



LULA W. DORSEY MUSEUM

Limited capacity first come basis. Please wait outside the museum until a staff member guides you inside!

Questions? Call us at x1136.

LULA W. DORSEY MUSEUM

Sat, Nov 28	Sun, Nov 29	Mon, Nov 30	Tues, Dec 1	Wed, Dec 2	Thurs, Dec 3	Fri, Dec 4
9 AM - 4 PM	1- 5 PM	9 AM—12 PM	CLOSED	CLOSED	CLOSED	1-5 PM

Maude Jellison Library (Upper Level/Adult Section Only)

Limited capacity. Masks required. Children's books available by request. **Questions? Call us at x1133.**

Sat, Nov 28	Sun, Nov 29	Mon, Nov 30	Tues, Dec 1	Wed, Dec 2	Thurs, Dec 3	Fri, Dec 4
9 AM - 5 PM	1 - 5 PM	9 AM—5 PM	CLOSED	9 AM - 5 PM	9 AM - 5 PM	9 AM—5 PM

BOB ECKER ROLLER RINK

Open Daily 5:30-9:30

Masks are required. Skating capacity limited to 20 skaters at a time.

Questions? Call us at x1104

LONGHOUSE GYM

Open Daily 5:30 PM - 9:30 PM

Play indoor basketball, volleyball and pickleball and more. Equipment available from the roller skating rink attendant.

Questions? Call us at x1159



Rocky Mountain National Park is RESTRICTED in some areas.

No access from Y grounds to the national park. For more information, please visit the national park website.

Interested in going hiking? Trails on YMCA grounds are open! Pick up a map at the Boone Family Mountain Center!

DORSEY SWIMMING POOL

The Dorsey Swimming Pool will be closed until further notice.

SWEET MEMORIAL GAME ROOM

Open daily 9am– 5pm

Our game room in the Sweet Memorial Building is now open! Your family will need to make a reservation to have this space.

[RESERVE HERE!](#)



Call 970-586-3341 ext. 1104 for more information.

PAID ACTIVITIES

Must register in advance. [Click here to register](#) online or call Sweet Memorial at x1104. Select Activities restricted to single family reservations. Masks Required.

	Sat, Nov 28	Sun, Nov 29	Mon, Nov 30	Tues, Dec 1	Wed, Dec 2	Thurs, Dec 3	Fri, Dec 4
Escape Room Sweet Memorial \$50/family	8:30 AM 10:00 AM 4:00 PM	8:30 AM 10:00 AM 4:00 PM	8:30 AM 10:00 AM 4:00 PM	9:00 AM 1:30 PM 4:30 PM	9:00 AM 1:30 PM 4:30 PM	9:00 AM 1:30 PM 4:30 PM	8:30 AM 10:00 AM 4:00 PM
Archery Main Archery Range Ages 6+ \$10 per person	8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM	8:30 AM 9:30 AM 10:30 AM	8:30 AM 9:30 AM 10:30 AM	CLOSED	CLOSED	CLOSED	8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM
Indoor Climbing Wall Mountain Center Ages 5+ \$50 per family	12:30 PM 1:30 PM 2:30 PM 3:30 PM	12:30 PM 1:30 PM 2:30 PM 3:30 PM	12:30 PM 1:30 PM 2:30 PM 3:30 PM	CLOSED	CLOSED	CLOSED	12:30 PM 1:30 PM 2:30 PM 3:30 PM

HIKING & MORE Call 1104 to register!

Saturday, November 28

	Hike	Miles RT	Grade	Terrain	Elev. Gain	High Point	Hikemaster
8:00am - 12:00pm	Y 360	5.7	F	F	955'	8600'	Pat N.
<i>Follow the trails along the perimeter of the Y, up Bible Point and along the Glacier Creek.</i>							

MOUNTAIN BIKE RENTALS

ADULT & YOUTH SIZES.
Available at the Mountain Center.

Full Day	\$20
Half Day	\$15
24 Hour	\$40

HIKING RENTALS

Prices per day.

Hiking Poles	\$5
Day Pack	\$5
Kid Carrier	\$10
Stroller	\$5
Microspikes	\$10
Snowshoes	\$10

Make sure to sign our Virtual Guest Book!

[Click here!](#)



Outdoor Ed Kits To-Go

Did you take on the role of teacher this fall? We have fully designed curriculum for kids in 3rd-8th grade. Bring your homeschool classroom to the Y!

Kits are free and can be reserved by calling x1104.

Each class takes 3 hours.

Classes include:

- Montane Forest Ecology
- Outdoor Living Skills
- Night Hike
- Route Orienteering
- Water Ecology

*No teaching experience is necessary. Follow step by step guides for a hands on educational experience.

Check out all of the on grounds hiking trails using our hiking trail map: [CLICK HERE!](#)

WORSHIP IN THE ROCKIES

Sunday at 10:00 AM

Guests and staff are invited for a special hour of worship for people of all denominations and of all ages!

[Click here to tune in!](#)

NICK MOLLE'S NATURE FILMS

Fri- Mon showings in the Mountain Center at 2:00pm

Local producer Nick Molle shows off the beauty of the Rocky Mountains in his documentaries. *Living Dream: 100 years of RMNP.*

Call 970-586-3341 ext. 1104 for more information.

FREE FAMILY PROGRAMS

Registration Required. Call x1104 or register online [by clicking here!](#)
Select Activities restricted to 10 participants at a time. Masks Required.

Questions? Call x1104

Many of our classes go outdoors
and classes run rain, snow or shine!

Family Programs † Little Learners (6 and under) * Young Adult+ (10 & up) ☀ Mountain Center MC

Saturday, November 28

8:00 AM * Little Explorers @ Sweet
8:45 AM † Animal Detective @ Sweet
9:15 AM † Knots @ Sweet
10:00 AM † Bird is the Word @ Sweet
10:30 AM * Children's Story Time @ Sweet
10:45 AM † Treasure Trek @ MC
11:15 AM † What about Wolves? @ Sweet
1:00 PM † Science: Oobleck @ Sweet
1:00 PM † Walk About the Y @ Museum
1:30 PM † Capture the Flag @ Sweet
2:15 PM † Hoot n' Hurl @ Sweet
2:45 PM * Woolly Worm Hunt @ Sweet
3:30 PM † Bear Talk @ Sweet
4:15 PM † Survival @ Sweet
5:00 PM † Ultimate Frisbee @ Longhouse
6:00 PM † BINGO @ Virtual
7:00 PM † Trivia @ Virtual

Sunday, November 29

8:00 AM * Parachute Games @ Sweet
8:45 AM † Animal Detective @ Sweet
10:00 AM * Little Explorers @ Sweet
10:45 AM † Bird is the Word @ Sweet
1:30 PM † Kickball @ Sweet
1:30 PM † Science: Slime @ Sweet
2:45 PM * Woolly Worm Hunt @ Sweet
2:45 PM † Survival @ Sweet

4:30 PM † What about Wolves? @ Sweet
5:00 PM † Floor Hockey @ Longhouse

Monday, November 30

8:00 AM * Little Explorers @ Sweet
8:45 AM † Animal Detective @ Sweet
10:00 AM † Bird is the Word @ Sweet
11:15 AM † What about Wolves? @ Sweet
1:00 PM † Science: Marshmallow Catapults @ Sweet
1:30 PM † Capture the Flag @ Sweet
2:15 PM † Hoot n' Hurl @ Sweet
2:45 PM * Woolly Worm Hunt @ Sweet
3:30 PM † Bear Talk @ Sweet
4:15 PM † Survival @ Sweet
5:00 PM † Ultimate Frisbee @ Longhouse

Tuesday, December 1

8:00 AM * Little Explorers @ Sweet
10:30 AM † Animal Detective @ Sweet
12:15 PM * Parachute Games @ Sweet
12:30 PM † Bear Talk @ Sweet
1:15 PM † Survival @ Sweet
3:00 PM † Origami @ Sweet
3:00 PM † What about Wolves? @ Sweet

Wednesday, December 2

8:00 AM * Woolly Worm Hunt @ Sweet
10:30 AM † Knots @ Sweet
12:15 AM * Little Explorers @ Sweet

12:30 PM † Bear Talk @ Sweet
1:30 PM † Treasure Trek @ MC
2:45 PM † Animal Detective @ Sweet
3:00 PM † Bird is the Word @ Sweet

Thursday, December 3

8:00 AM * Little Explorers @ Sweet
10:30 AM † Animal Detective @ Sweet
12:15 PM * Parachute Games @ Sweet
12:30 PM † Bear Talk @ Sweet
1:15 PM † Survival @ Sweet
3:00 PM † Origami @ Sweet
3:00 PM † What about Wolves? @ Sweet

Friday, December 4

8:00 AM * Parachute Games @ Sweet
8:45 AM † Animal Detective @ Sweet
9:15 AM † Knots @ Sweet
10:00 AM * Little Explorers @ Sweet
10:45 AM † Bird is the Word @ Sweet
10:45 AM † Treasure Trek @ MC
1:30 PM † Kickball @ Sweet
1:30 PM † Science: Invisible Ink @ Sweet
2:45 PM † Survival @ Sweet
4:30 PM † What about Wolves? @ Sweet
5:00 PM † Floor Hockey @ Longhouse
6:00 PM † BINGO @ Virtual
7:00 PM † Trivia @ Virtual

FAMILY PROGRAM DESCRIPTIONS

FAMILY FUN

Get the entire family together for these fun experiences:

ANIMAL DETECTIVE (1hr)

Learn about animals that call the Rockies home. We will observe tracks, scat, bones, and antlers, then put our detective skills to work to see what animal signs we can find outside!

BEAR TALK (30 min)

Explore the lives of bears and how to keep yourselves and them safe in this bear-y interesting talk!

BINGO (1hr)

B-I-N-G-O! Grab a card and get your game face on. For 2020, pick up a card from Sweet Memorial and participate virtually!

BIRD IS THE WORD (1hr)

Come learn about fall birds in our area and make your very own pinecone bird feeder!

CAPTURE THE FLAG (1hr)

How well can you hike, sneak, run, and chase in this classic camp game to retrieve your flag from the other team's side!

HOOT N' HURL (1hr)

Want to learn about a stealthy and adorable apex predator? We will be showcasing the owls of the Rockies and then dig into their diet by examining pellets. It's a hoot!

KICKBALL (1hr)

Join other game enthusiasts for some outdoor kicking and running fun.

KNOTS (1hr)

Knot tying is an essential backcountry skill. Learn a half hitch, bowline, and more useful knots!

ORIGAMI (1hr)

For centuries, cultures have created ways to artistically approach, adopt, and adapt the paper craft. We will explore basic folding patterns and replicate easy designs.

SCIENCE EXPERIMENTS (30 min)

Check the schedule to see what cool experiment we're doing today!

SURVIVAL (1.5 hr)

Learn some important skills to help you stay safe in the wilderness. We'll go over what to do if you're lost and practice building a shelter!

TREASURE TREK (1hr)

Put your thinking cap on and unravel clues that will lead you around property to find the treasure. Who knows where you'll go, or what you'll find?

TRIVIA (1hr)

Test your random knowledge on a team with your family, or mix it up with other guests! Questions are designed with all ages in mind.

ULTIMATE FRISBEE (1hr)

A great hour of Frisbee team excitement!

WALK ABOUT THE Y (1.5 HR)

Quarter-mile stroll. Explore the architectural and social history of the YMCA of the Rockies main campus. Discover the "who" behind the names on the buildings and enjoy some sculptures on the main promenade. Meet at the museum.

WHAT ABOUT WOLVES? (45 min)

Grey wolves were extirpated from Colorado in the late 1800's. As wolves begin to migrate back, learn about the effect of these large carnivores on their ecosystems.

LITTLE LEARNERS

For families with children 6 and under:

LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills!

PARACHUTE GAMES (30 min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute!

WOOLLY WORM HUNT (30 min)

Join our adventurous hunt for the mysterious woolly worms and learn about how animals use camouflage!

ICE SKATING

Check out ice skates from Sweet Memorial and have some fun on Dorsey Lake! Call x1104 or stop by Sweet Memorial to find out the current conditions.

All skates are sanitized between each use.



Call 970-586-3341 ext. 1104 for more information.

Craft Kits

Limited Contact Crafting Option

Craft Kits ordered after 3:00pm Monday, all day Tuesday or all day Wednesday will be fulfilled and ready for pickup on Thursday.

Happy
Crafting!

Make crafts at your cabin or lodge room in three easy steps!

Step 1) View available craft items by clicking on this link <https://ymcarockies.org/craftkits/>

Step 2) Fill out your Craft Kit order form. Don't forget to add your paint colors to your order.

Step 3) You will be contacted when your Craft Kit is complete and ready for pick up.

Your Craft Kit will also include: basic paint brush, newspaper for protecting work surfaces, paper pallet and paper towels.

MAUDE JELLISON LIBRARY "CURBSIDE" PICK UP

Enjoy some great books or videos during your stay at the Y! Maude Jellison Library is offering "curbside" check-out service as well as physical entry of the library building. Follow the simple steps below to order your Bag o' Books :

1. Find word documents of books and DVDs by category by clicking [here!](#)
2. Request the books/DVDs you'd like by emailing your requests to epclibrary@ymcarockies.org

INFO NEEDED: Your Name, contact info, departure date and the title and author of the material you would like to check out.

3. We will contact you when your order is ready! Pick up your bag of books/DVDs at the back porch (south side/Uphill side) of the library! Your bag will be clearly labeled with your name and return date.

5. Return all materials by your due date using the same bag given to you to the return box located on the back porch (south side/Uphill side).



Questions? Call x1133