ACTIVITY GUIDE
FRIDAY, SEPTEMBER 4– THURSDAY, SEPTEMBER 10
YMCA OF THE ROCKIES ESTES PARK CENTER

Questions about what’s available during your stay? Visit our What-to-Expect page here or call x1104.

PROGRAM FACILITY HOURS  Masks are required inside all facilities. Limited capacities.

SWEET MEMORIAL BUILDING
Open daily 9:00 AM – 5:00 PM
The hub of the Programs Department, consider us your Activity Visitor Center. Come here to find out the inside scoop, get full schedules of activities, and plan out your fun! Questions? Call us at x1104

BOONE FAMILY MOUNTAIN CENTER
Open Fri– Tues 9:00 AM – 5:00 PM
Sign up for hikes or get info about our climbing and biking activities! Questions? Call us at x8402

Mootz Family Craft & Design Center
Open Thursday–Monday
9:30 AM – 4:30 PM
Unleash your creativity through any of our various crafts. Try glazed ceramics, tie dye, mosaics, painting woodcrafts and more. Prices range from $6–$85. Activities may vary by day. Masks Required for ages 3+ when inside. Questions? Call us at x1132

Lula W. Dorsey Museum
Timed entry to the museum begins on the hour at opening time. Last entry to the museum is at 4.00pm. Guests are limited to 8 people per hour and are on a first come basis. Please wait outside the museum until a staff member guides you inside! Staff Alumni Cabin open by appointment only Sat, Mon, Thurs, Fri 1–4pm. Call x1136 to reserve a spot.

Maude Jellison Library (Upper Level/Adult Section Only)

<table>
<thead>
<tr>
<th>Fri, Sep 4</th>
<th>Sat, Sep 5</th>
<th>Sun, Sep 6</th>
<th>Mon, Sep 7</th>
<th>Tues, Sep 8</th>
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Lula W. Dorsey Museum Timed entry to the museum begins on the hour at opening time. Last entry to the museum is at 4.00pm. Guests are limited to 8 people per hour and are on a first come basis. Please wait outside the museum until a staff member guides you inside! Staff Alumni Cabin open by appointment only Sat, Mon, Thurs, Fri 1–4pm. Call x1136 to reserve a spot.

Bob Ecker Roller Rink
Masks are required. Skating capacity limited to 15 skaters at a time.
Open daily 5:30 PM – 9:00 PM
Saturdays 3:00 PM–9:00 PM
Questions? Call us at x1159

Longhouse Gym
Open daily 5:30 PM – 9:00 PM
Saturdays 3:00 PM–9:00 PM
Play indoor basketball, volleyball and pickleball and more. Equipment available from the roller skating rink attendant.

Dorsey Swimming Pool
Reservations required. Click on time slot to register!

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Lap Swim
7:15 AM

Call 970-586-3341 ext. 1104 for more information.
WEEKLY BIBLE STUDIES IN HYDE CHAPEL

Monday at 1:00 PM and Wednesday at 7:00 PM

“How We Got The Bible,” is a masterful presentation on the origin, trustworthiness, and history of the Bible. With clarity and wit, Dr. Timothy Jones answers key questions on how this ancient book came to be, how it was transmitted to our day, and he also includes the dramatic stories behind our English Bibles. You’ll treasure your Bible more after this study.” —Diana Severance, PhD, Director, Dunham Bible Museum, Houston Baptist University

BOOK LOVERS HOUR W/ BERNICE

Like to read? Join Bernice Rohlich and other lovers of books to discuss books you are presently reading, have read, and are looking forward to reading. It’s a pleasant hour of talking about what you love to do: read books! Meets outdoors at Maude Jellison Library at 4 PM on Wednesday!

Click here to register!
**FAMILY PROGRAM DESCRIPTIONS**

**FAMILY FUN**

Get the entire family together for these fun experiences:

**ANIMAL DETECTIVE (1hr)**

Learn about animals that call the Rockies home. We will observe tracks, scats, bones, and antlers, then put our detective skills to work to see what animal signs we can find outside!

**BEAR TALK (30 min)**

Explore the lives of bears and how to keep yourselves and them safe in this bear-y interesting talk!

**BIBLE POINT HIKE (1hr)**

Join our staff as we take a beautiful 2 mile hike up Bible Point. We’ll learn about some of our local trees as well as the history of Bible Point and Edwin Brandt. Wear sturdy shoes, appropriate clothing and bring water!

**BINGO (1hr)**

B-I-N-G-O! Grab a card and get your game face on. For summer 2020, pick up a card from Sweet Memorial and participate virtually!

**BIRD BANDING (1hr)**

Watch Scott Rashid, licensed bird bander, “net” different species of birds that come to Colorado in the summer.

**BIRD IS THE WORD (1hr)**

Come learn about fall birds in our area and make your very own pinecone bird feeder!

**CAPTURE THE FLAG (1hr)**

How well can you hike, sneak, run, and chase in this classic camp game to retrieve your flag from the other team’s side?

**CREEK STOMPIN’ (1hr)**

Get your feet wet in this introduction to our mountain lakes and streams. As we play in the creek, we’ll see what lives in and near the water, learn what makes a healthy waterway, and the importance of keeping our water clean!

**FAMILY FUN NIGHT (50 min)**

Play campfire games, sing silly songs, and enjoy time together. Currently, we will not have a campfire due to the fire ban.

**FIRE QUEST (1hr)**

Fire can be a life-saving tool outdoors. Come learn how to use various methods to spark safe fires.

**KICKBALL (1hr)**

Join other game enthusiasts for some outdoor kicking and running fun.

**KNOTS (1hr)**

Knot tying is an essential backcountry skill. Learn a half hitch, bowline, and more useful knots!

**NIGHT WALK (1hr)**

Experience the Y’s night life, learn about nocturnal animals, and play night games.

**SCIENCE EXPERIMENTS (30 min)**

Check the schedule to see what cool experiment we’re doing today!

**STARZAGING (1hr)**

Check out what’s visible in our night sky. We’ll look for constellations like the Big Dipper and Draco, as well as planets, the moon, and other nifty night objects.

**SURVIVAL (1.5 hr)**

Learn some important skills to help you stay safe in the wilderness. We’ll go over what to do if you’re lost and practice building a shelter!

**TREASURE TREK (1hr)**

Put your thinking cap on and unravel clues that will lead you around property to find the treasure. Who knows where you’ll go, or what you’ll find?

**TRIVIA (1hr)**

Test your random knowledge on a team with your family, or mix it up with other guests!

Questions are designed with all ages in mind. For summer 2020, register in advance and participate virtually!

**ULTIMATE FRISBEE (1hr)**

A great hour of Frisbee team excitement!

**WALK ABOUT THE Y (30 MIN)**

Quarter-mile stroll. Explore the architectural and social history of the YMCA of the Rockies main campus. Discover the ‘who’ behind the names on buildings and enjoy sculptures on the main promenade. Meet at the Museum.

**WHAT ABOUT WOLVES? (45 min)**

Grey wolves were extirpated from Colorado in the late 1800’s. As wolves begin to migrate back, learn about the effect of these large carnivores on their ecosystems.

**LITTLE LEARNERS**

For families with children 6 and under:

**BUGS, BUGS, BUGS (30 min)**

Caterpillars, worms, beetles, butterflies, and more! Dig into what bugs look like, how they change, and what makes these crawly critters so cool!

**CHILDREN’S STORY TIME (45 min)**

Act like a weasel and POP by Maude Jillson Library for stories about nature and animals.

**LITTLE EXPLORERS (30 min)**

Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills!

**PARACHUTE GAMES (30 min)**

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute!

**WOOLLY WORM HUNT (30 min)**

Join our adventurous hunt for the mysterious wooly worms and learn about how animals use camouflage!
**GUIDED HIKES**

**Questions? Call x1311**

Requires sign up: Click on the hike name to register online or call the Boone Family Mountain Center at x1311.

A variety of circumstances may change the schedule of any hike. It is imperative that all hikers check in at the Mountain Center hiking counter no later than 5pm the day before the hike.

**Hike Difficulty**
A = Most Difficult B = Very Demanding C = Demanding D = Strenuous E = Moderate Plus F = Moderate G = Easy H = Easiest

**Prerequisites:** To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (hikemaster-led) hike of no more than two grades lower within two weeks before the hike. This means a C hike is the prerequisite for an A hike (some A hikes may require additional hiker scrutiny due to their high level of physical demand); a D hike is the prerequisite for a B hike, etc.

Call 970-586-3341 ext. 1104 for more information.

### Friday, September 4

<table>
<thead>
<tr>
<th>Hike</th>
<th>Miles RT</th>
<th>Grade</th>
<th>Terrain</th>
<th>Elev. Gain</th>
<th>High Point</th>
<th>Hikemaster</th>
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</thead>
<tbody>
<tr>
<td>Dark Mountain Via Bridal Veil Falls</td>
<td>11.5</td>
<td>D</td>
<td>D</td>
<td>3060'</td>
<td>10859'</td>
<td>Dave M.</td>
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<tr>
<td>Hiike thru the meadows of McGraw Ranch to the rocky grotto in Cow Creek canyon. Then hike above the falls to the top of the park’s 100th highest summit.</td>
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<tr>
<td>Ouzel Falls</td>
<td>5.5</td>
<td>F</td>
<td>F</td>
<td>900'</td>
<td>9450'</td>
<td>Beth S.</td>
</tr>
<tr>
<td>Follow a forested trail up the North St Vrain River past Copeland Falls, Calypso Cascades and the 1978 fire area to feel the spray from the broad, impressive Ouzel Falls.</td>
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<tr>
<td>Homestead Meadows</td>
<td>8.0</td>
<td>E</td>
<td>F</td>
<td>1500'</td>
<td>9600'</td>
<td>Tom S.</td>
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<td>This is a hike that takes you back in history after a nice walk in a scenic gulch.</td>
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### Saturday, September 5

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<th>Hikemaster</th>
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</thead>
<tbody>
<tr>
<td>Boulder Brook Loop</td>
<td>6.7</td>
<td>F</td>
<td>F</td>
<td>1300'</td>
<td>10300'</td>
<td>Beth S.</td>
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<td>Pass Alberta and Rebecca Falls, then east onto the little-used North Long’s Peak Trail.</td>
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<tr>
<td>Moraine Park Nature Walk</td>
<td>3.0</td>
<td>G</td>
<td>F</td>
<td>400'</td>
<td>8400'</td>
<td>Roy P.</td>
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<td>Identify plants &amp; wildlife along the Big Thompson River &amp; an ancient glacial moraine.</td>
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### Sunday, September 6

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<th>Hike</th>
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<th>Hikemaster</th>
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</thead>
<tbody>
<tr>
<td>Elk Ridge high points</td>
<td>4.5</td>
<td>F</td>
<td>E</td>
<td>1200'</td>
<td>8524'</td>
<td>Sam M.</td>
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<td>A scenic hike to the top of Elk Ridge with great views of Lion Gulch and the Front Range Mountains.</td>
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<td>Sprague Lake From YMCA</td>
<td>7.0</td>
<td>F</td>
<td>F</td>
<td>720'</td>
<td>8720'</td>
<td>Roy P.</td>
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<td>Walk through lodgepole woods past Glacier Basin to the lake built by Abner Sprague.</td>
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### Monday, September 7

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<th>Hike</th>
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</thead>
<tbody>
<tr>
<td>Twin Sisters</td>
<td>7.6</td>
<td>E</td>
<td>F</td>
<td>2255'</td>
<td>11428'</td>
<td>Laura B.</td>
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<td>From the trailhead above Lily Lake, take 37 switchbacks across the landslide caused by the Flood of 2013 to the aerie summit directly opposite Longs Peak.</td>
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<tr>
<td>Beaver Mtn Loop and Upper Beaver Meadows</td>
<td>5.0</td>
<td>F</td>
<td>E</td>
<td>800'</td>
<td>9217'</td>
<td>Beth S.</td>
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<td>The Beaver Mountain Trail loops through meadows, ponderosa parks and aspen–fir forests in a uniquely diverse life zone</td>
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### Tuesday, September 8

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<tbody>
<tr>
<td>Bear Lake to Park and Ride</td>
<td>4.0</td>
<td>F</td>
<td>F</td>
<td>380'</td>
<td>9766'</td>
<td>Tom S.</td>
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<td>Follow a mostly downhill trail through subalpine forest to Bierstadt Lake, then down to Park and Ride.</td>
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<tr>
<td>Moraine Park Nature Walk</td>
<td>3.0</td>
<td>G</td>
<td>F</td>
<td>400'</td>
<td>8400'</td>
<td>Beth S.</td>
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<tr>
<td>Identify plants &amp; wildlife along the Big Thompson River &amp; an ancient glacial moraine.</td>
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Call 970-586-3341 ext. 1104 for more information.
Check out all of the on grounds hiking trails using our hiking trail map: [CLICK HERE!]

MURPHY DOG PARK
Open daily from dawn until dusk
Is your furry friend looking for a place to stretch their legs or climb around unleashed? Visit the dog park to let our some energy and make some new furry friends!

Outdoor Ed Kits To-Go
Did you take on the role of teacher this fall? We have fully designed curriculum for kids in 3rd-8th grade. Bring your homeschool classroom to the Y!
Kits are free and can be reserved by calling x1104. Each class takes 3 hours.

- Montane Forest Ecology
- Outdoor Living Skills
- Night Hike
- Route Orienteering
- Water Ecology

*No teaching experience is necessary. Follow step by step guides for a hands on educational experience.

Rocky Mountain National Park is OPEN with some restrictions.
For more details, [CLICK HERE!]
Still wondering more about the park? Come chat with a park ranger at the Mountain Center on Friday!
10 am – Noon.

Check out all of the on grounds hiking trails using our hiking trail map: [CLICK HERE!]

Movement at the Museum
Come let the museum artifacts and history inspire you through movement and play on the Lula W. Dorsey Museum lawn. Instructors will guide you through moves and postures that will lighten your spirit and invigorate your mind. The fun starts at 2pm on Saturdays through September.
Suitable for all ages!
[Click here to register!]

FIND THE GOLDEN NUGGETS!
Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. If you collect at least one, turn in at Sweet Memorial for a special prize!

BRIDGE PLAY & LESSONS
Join the library staff for bridge play and/or lessons. Smart phone/device necessary. Beginners welcome. Meets just outside of the library.
[Click here to register!]

Call 970-586-3341 ext. 1104 for more information.

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**GUIDED HIKES**

**Wednesday, September 9**

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<tbody>
<tr>
<td>Twin Lakes</td>
<td>7.7</td>
<td>E</td>
<td>D</td>
<td>1600’</td>
<td>9860’</td>
<td>Beth S.</td>
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<td><strong>RMNP Wild Basin hike to two hidden, pristine lakes reflecting Mts Copeland, Tanima, &amp; Alice</strong></td>
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<tr>
<td>Bridal Veil Falls</td>
<td>6.6</td>
<td>F</td>
<td>E</td>
<td>960’</td>
<td>8900’</td>
<td>Tom S.</td>
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<td><strong>Enjoy a blissful hike past historic McGraw Ranch and through mountain meadows to the rocky grotto in Cow Creek canyon.</strong></td>
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**Thursday, September 10**

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<tr>
<td>West Creek Falls</td>
<td>5.0</td>
<td>F</td>
<td>E</td>
<td>1760’</td>
<td>11130’</td>
<td>David M.</td>
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<td><strong>This hike is in a less travelled but easily accessible area of the park and is a good place to see the difference between south-facing vs. north-facing ecosystems of the Montane zone.</strong></td>
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<td>Odessa and Fern Lakes</td>
<td>9.8</td>
<td>E</td>
<td>E</td>
<td>1215’</td>
<td>10020’</td>
<td>Tom S.</td>
</tr>
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<td><strong>We will start at Bear Lake, climb moderately around the side of Flattop, then drop into the stunning Odessa Gorge.</strong></td>
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Come by the Sasquatch Fly Shop located in the Mountain Center, or call us at X1153 - Trip prices vary!

**Let’s Go Fishing!**

**Family Fishing Trips!** (all ages welcome)
Fly Fishing Cookouts!
Backcountry Fly Fishing!
All trips include gear rental and flies!
WE HAVE RENTAL EQUIPMENT & LICENSES!

**Craft Kits**
Limited Contact Crafting Option
Craft Kits ordered after 3:00 pm Monday, all day Tuesday or all day Wednesday will be fulfilled and ready for pickup on Thursday.

**Make crafts at your cabin or lodge room in three easy steps!**

Step 1) View available craft items by clicking on this link [https://ymcarockies.org/craftkits/](https://ymcarockies.org/craftkits/)
Step 2) Fill out your Craft Kit order form. Don’t forget to add your paint colors to your order.
Step 3) You will be contacted when your Craft Kit is complete and ready for pick up at the Craft & Design Center.

Your Craft Kit will also include: basic paint brush, newspaper for protecting work surfaces, paper pallet and paper towels.

**Iphone/Ipad Tips and Tricks**
Thursday, September 10 at 4:00 pm
Come learn how to be more efficient and less frustrated as you use your iPhone/iPad. Special apps to help deal with the covid pandemic will also be on the agenda. Call x1104 to register or [click here!](#)

**Poem Share**
Monday, September 7 at 7:00pm
Come enjoy an evening in the walled-garden of Maude Jellison Library as we share our favorite poetry. You can read your own original work, poetry from books. Recommended for 13+.
[Click here to register!](#)

**FALL PHOTOGRAPHY FRIDAYS**
Bring your camera and take aim at the fall colors and majestic wildlife in the Rocky Mountains. Every Friday between September 5th and October 9th, choose from programs like intro to photography, bird banding, and 3-hour guided hikes, or explore the mountains on your own. Tag us in your photos on Instagram or Facebook and we will choose a winner who will receive a YMCA activity gift certificate.

Please call us for a current schedule and to book your trip!
MASSAGE THERAPY
Here at the YMCA!

Oak Cabin on Friendship Lane
Conveniently located on grounds of YMCA
(720) 218-1953 or ext. 4101 from YMCA phone
www.homegrownyoga.com

Relax | Renew | Release | Rejuvenate

Homegrown Yoga & Massage offers state-of-the-art massage therapy services in a serene mountain cabin located conveniently on the grounds of the YMCA of the Rockies up the hill from the Arts and Design Center.

Hours of operation:
Open daily by appointment.

To schedule your appointment:
By appointment only.
Call/text (720) 218-1953 (text preferred) or ext 4101 from YMCA phone. Provide your preferred day and time you would like to receive massage and how long you will be at the YMCA or in Estes Park.

COVID requirements:
The Massage Cabin takes COVID-19 very seriously. Clients must wear mask during the entire massage. Please do not schedule a massage or come in if you are not feeling well, have been around someone who is positive or symptomatic or if you have not been wearing a mask in public or social distancing.

Services & prices:

<table>
<thead>
<tr>
<th>Time</th>
<th>Price</th>
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<tr>
<td>30 min</td>
<td>$45</td>
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<tr>
<td>60 min</td>
<td>$85</td>
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No time add-ons:
Deep tissue: $5/30 min
Hot stone: $20
Hikers feet heaven: $10

Four pack/one hour: $320

Complimentary warm towel treatment and aromatherapy on every massage.

All forms of payment taken. Cash, check and room charge preferred.

Flexible cancellation policy due to COVID. Please cancel if you feel unwell.

No insurance reimbursement.

Call/text (720) 218-1953 or Ext. 4101 from YMCA phone

“helping people be their best”
JACKSON STABLES, INC.
FALL August 15– October 25, 2020

LIVERY OFFICE HOURS:
Daily- 7:30 am-6:00 pm
Phone- (970) 586-3341, ext. 1140 or 1149
(Dial only the ext. if on grounds)

RATES:
(per person) $55 1 hour ride Deer Meadows/Glacier Basin
$70 2 hour ride Moraine Park/Emerald Mountain
$90 3 hour ride Beaver Meadows/East Portal/Mill Creek
$110 4 hour ride Wind River (Call for availability)

*A portion of your RMNP ride fee is being used for horse trail maintenance.

SUNDAY
8:00am 2 hr. Emerald Mountain
8:40am 3 hr. Mill Creek
9:00am 1 hr. Deer Meadows
10:30am 1 hr. Glacier Basin
1:00pm 2 hr. Moraine Park
1:40pm 3 hr. East Portal
2:00pm 1 hr. Glacier Basin
3:45pm 1 hr. Deer Meadows

MONDAY
8:00am 2 hr. Moraine Park
8:40am 3 hr. East Portal
9:00am 1 hr. Deer Meadows
10:30am 1 hr. Glacier Basin
1:00pm 2 hr. Emerald Mountain
1:40pm 3 hr. Mill Creek
2:00pm 1 hr. Deer Meadows
3:45pm 1 hr. Glacier Basin

TUESDAY
8:00am 2 hr. Moraine Park
8:40am 3 hr. Mill Creek
9:00am 1 hr. Deer Meadows
10:30am 1 hr. Glacier Basin
1:00pm 2 hr. Moraine Park
1:40pm 3 hr. East Portal
2:00pm 1 hr. Glacier Basin
3:45pm 1 hr. Deer Meadows

WEDNESDAY
CLOSED

THURSDAY
8:00am 2 hr. Moraine Park
8:40am 3 hr. East Portal
9:00am 1 hr. Deer Meadows
10:30am 1 hr. Glacier Basin
1:00pm 2 hr. Emerald Mountain
1:40pm 3 hr. Mill Creek
2:00pm 1 hr. Deer Meadows
3:45pm 1 hr. Glacier Basin

FRIDAY
8:00am 2 hr. Emerald Mountain
8:40am 3 hr. Beaver Meadows
9:00am 1 hr. Glacier Basin
10:30am 1 hr. Deer Meadows
1:00pm 2 hr. Moraine Park
1:40pm 3 hr. East Portal
2:00pm 1 hr. Glacier Basin
3:45pm 1 hr. Deer Meadows

SATURDAY
8:00am 2 hr. Moraine Park
8:40am 3 hr. Beaver Meadows
9:00am 1 hr. Glacier Basin
10:30am 1 hr. Deer Meadows
1:00pm 2 hr. Moraine Park
1:40pm 3 hr. Mill Creek
2:00pm 1 hr. Deer Meadows
3:45pm 1 hr. Glacier Basin

YMCA charges to room may be accepted

Family hayrides with marshmallow roasts are offered during the week. Please+ call for dates and times.

The weight limit for an individual is 250 pounds.

PLEASE CALL FOR RESERVATIONS AND UPDATES ON OUR COVID POLICIES
HORSE RIDING TRAIL INFORMATION

JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All of the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. **We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 250 pounds.**

**PONY RIDES:** The livery is proud to offer the “Minnie Mouse Pony Trail.” Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: $20.00 per child. Available times: Daily: 8:30am-11:25am/1:00-4:30pm.

**DEER MEADOWS:** A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first time riders.

**GLACIER BASIN:** This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

**MORAINE PARK:** This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

**EMERALD MOUNTAIN:** This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

**3-HOUR RIDE TO BEAVER MEADOWS, EAST PORTAL or MILL CREEK:** A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide. These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

**4-HOUR RIDE TO WIND RIVER:** This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wild flowers are abundant. There is a short rest break about half way through the ride nestled along Wind River.

**HAYRIDES:** Private and Open horse-drawn hayrides are available throughout the summer. Cost is $23.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.