



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Guest Safety Guidelines and Practices

Consistent with Colorado Department of Public Health & Environment *Public Health Order 20-28 Safer at Home*, (<https://covid19.colorado.gov/covid-19-in-colorado/public-health-executive-orders-resource>), YMCA of the Rockies is committed to protecting the health of our guests and staff.

YMCA of the Rockies staff are following social distancing requirements, wearing face coverings and gloves as mandated, telecommuting whenever possible, practicing appropriate personal hygiene and passing a daily temperature and symptom assessment.

We will also comply with the following business requirements, public health best practices and local health orders as we serve our guests.

- One way travel is promoted; when possible separate entry and exit doors will be utilized. Additionally, proper ventilation will be maintained.
- Markings have been placed at least 6-feet apart when guests may need to stand in line.
- Capacity will be monitored in all common areas to insure that the maximum number of individuals who can safely occupy a building is not exceeded.
- Soap and water, hand sanitizer, or disinfecting wipes will be available at all entrances and at all high-contact surfaces such as the front desk.
- Whenever possible, contactless payment systems will be utilized. If not feasible, payment systems will be sanitized regularly.
- In-person dining and carry out meals are available, consistent with the current public health guidelines.

As guests of YMCA of the Rockies, we also ask your compliance with these guidelines.

- All Vulnerable Individuals or individuals experiencing symptoms of COVID-19 should follow **Stay at Home** orders at this time.
- Guests must comply with **Social Distancing Requirements** and maintain at least a 6-foot distance from everyone that is not a member of their household.
- Guests older than 2 years are required to wear face coverings that cover the nose and mouth whenever inside public buildings at YMCA of the Rockies as required by **State of Colorado Executive Order D 2020 044** and **Larimer County Public Health**
  - **Programs & Activities** – specific activities will require masks which will be communicated to our guests when registering
  - **Outdoor Recreation** – masks are optional as long as participants are social distancing; otherwise mask must be worn when a social distances of 6-feet cannot be maintained
- All public and private gatherings of any kind occurring on our property are limited; please call our Front Desk for current information.
- We request that guests use on-line payments or credit cards whenever possible and ask your support as we transition to a cash-free property.
- In order to protect our staff, we will not offer maid service at this time and may delay routine maintenance on your accommodation until after check-out. For immediate needs, you will be asked to wear a mask or to vacate your accommodation while our staff resolves the issue.
- Frequently and thoroughly wash your hands with soap and water when possible; otherwise use hand sanitizer.
- COVID-19 Pandemic is ongoing. Guests will be asked to acknowledge their acceptance of these guidelines at the time of check-in



**COLORADO PUBLIC HEALTH INFORMATION FOR OUR GUESTS**

- If you are having a medical emergency, call 911
- If you are not sick but have general questions about COVID-19, call the CO HELP hotline at 303-389-1687 or 1-877-462-2911
- If you are experiencing COVID-19 symptoms (fever, cough, shortness of breath, body aches, or chest tightness), please remain in your accomodation and follow the Colorado Department of Public Health & Environment recommendations

**Mild** 📌

May include a combination of cough, body aches, fatigue, and chest tightness. Some people may not develop fever or fever may not occur until several days into the illness.

Isolate yourself →

**Worsening** 📌

- Cough
- Fever
- Shortness of breath

Isolate yourself →

If you are age 60 or older, or you have underlying chronic medical conditions, you may need to check in with a health care provider.

Consider a telehealth or nurseline.

**Severe** 📌

- Trouble breathing
- Persistent pain or pressure in the chest
- Confusion
- Bluish lips or face

**Call 911** and tell the dispatcher your symptoms.

If you go to a hospital without calling 911, call the hospital ahead of time and tell them your symptoms.

- Please consider informing YMCA of the Rockies staff if you experience COVID-19 symptoms during your stay