



YMCA GROCERY SHOPPING LIST

Call 970-586-3341 X 1102 to place orders or inquire about items not listed.
 Pick up at kitchen dock (east side of Walnut Room building.)
 Let us know if you forgot something or need that secret ingredient.

MEAT	Price per	Quantity
6oz Steak	\$4	<input type="text"/>
4oz Chicken Breast	\$1	<input type="text"/>
5oz Hamburger	\$2	<input type="text"/>
4oz Hotdog	\$.50	<input type="text"/>
1/2lb Lunch Meat		
Turkey	\$4	<input type="text"/>
Ham	\$4	<input type="text"/>
Roast Beef	\$5	<input type="text"/>

DAIRY	Price per	Quantity
8oz Milk	\$1	<input type="text"/>
1lb Butter	\$3	<input type="text"/>
1/2lb Cheese	\$3	<input type="text"/>
1/2 Dozen Eggs	\$2	<input type="text"/>
Yogurt (individual)	\$.50	<input type="text"/>
1lb Bacon	\$6	<input type="text"/>

DRINKS	Price per	Quantity
6 Pack Canned Soda	\$4	
Coke		<input type="text"/>
Diet Coke		<input type="text"/>
Sprite		<input type="text"/>
6 Pack Bottled Water	\$3	<input type="text"/>
1Pkg. Coffee w/ Fixings	\$9	<input type="text"/>
(sugar, creamer, stir sticks & filters)		

FRUITS/VEGETABLES	Price per	Quantity
1/2 Head Iceberg Lettuce	\$1	<input type="text"/>
Onion (each)	\$1	<input type="text"/>
Tomato (each)	\$1	<input type="text"/>
Apple (each)	\$.50	<input type="text"/>
Orange (each)	\$.50	<input type="text"/>
Banana (each)	\$.50	<input type="text"/>

MISCELLANEOUS	Price per	Quantity
Loaf of Bread	\$4	<input type="text"/>
White or Wheat		
Chips (individual)	\$.50	<input type="text"/>
6 Pack Buns		
Hamburger Buns	\$3	<input type="text"/>
Hotdog Buns	\$3	<input type="text"/>
Mustard	\$2	<input type="text"/>
Ketchup	\$3	<input type="text"/>
Relish (free with order)		<input type="text"/>
Mayo (free with order)		<input type="text"/>
Salt & Pepper - full shaker	\$1	<input type="text"/>
1lb Potato Salad	\$3	<input type="text"/>
1lb Macaroni and Cheese	\$5	<input type="text"/>
Take n' Bake		
(website below for options)		
Cheese Pizza	\$11	<input type="text"/>
Pepperoni Pizza	\$12	<input type="text"/>
Cookies of the Day	\$6	<input type="text"/>
Brownies	\$6	<input type="text"/>
Apple Pie—oven ready	\$16	<input type="text"/>
Blueberry Pie - oven ready	\$16	<input type="text"/>

ENJOY DELICIOUS DINING

Additional Information Online at ymcarockies.org/what-to-expect

MEAL KITS TO-GO

From a grill package to a BBQ or spaghetti & meatball family meals and more. Enjoy easy-to-prepare meals to go. Pre-order or call x1102. Pick up at the Aspen Dining Hall.

PIZZA

Order a delicious fresh-made pizza to go from Y's Guys Pizza! To place your order call, x1144.

CARRY OUT DINING

Enjoy a variety of to-go menu items from the Rustic Café (x1016) or the Pine Room Restaurant (x1145) call to order. Menus available on website listed above.

