SUMMER DAY CAMP
Estes Park Center | YMCA of the Rockies

REGISTER ONLINE!
YMCAROCKIES.ORG/SUMMER-DAY-CAMP
YMCA OF THE ROCKIES PUTS CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS, STAFF AND FACILITIES IN AN ENVIRONMENT THAT BUILDS HEALTHY SPIRIT, MIND AND BODY FOR ALL.
Traditional Day Camp provides an environment where kids feel part of a community while engaging in physical, social and educational activities as a group.

Bennett Beavers
Ages: 3 – 4
Morning | Full Day
Start your preschooler’s appreciation for the great outdoors. Our counselors will guide campers through a morning or day of fun activities. Full day camp also includes a short afternoon relaxation period.

Activities include:
• Short hikes
• Nature activities
• Arts & Crafts
• Playground time
• Story and music time
• Interactive games

Traditional Camp
Grades: K – 8 | Full Day Only
Our day camp program is designed around the outdoor experience and Leave No Trace™ principles:
• to connect campers with nature
• to support growth of self
• to build friendships
• to become stewards of the land

The day is filled with fun activities which include: swimming, archery, games, environmental education, horseback rides, team building, hikes in Rocky Mountain National Park, Arts & Crafts, scavenger hunts, cookouts and more!

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<tr>
<th>PROGRAM</th>
<th>AGE</th>
<th>GRADE*</th>
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<tbody>
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<td>Explorers</td>
<td>5</td>
<td>Kindergarten</td>
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<td>Pathfinders</td>
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<td>Buckaroos</td>
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<td>Rangers</td>
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<td>Trailblazers</td>
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<td>Pioneers</td>
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<td>Mountaineers</td>
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* Grade the camper will be entering in the upcoming fall

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YMCAROCKIES.ORG/SUMMER-DAY-CAMP
Week-Long Day Camp Experiences

SPECIALTY CAMPS

Develop a greater passion for the things you love, or try something new!

Looking for something specific? Specialty camps let campers focus on activities in a specific area. Day campers spend approximately two hours each day in their specialized activity. The rest of the day—enjoying traditional camp activities.

Sports Adventure Camp
Grade Levels: 1–3 | 4–6
This safe, fun, noncompetitive program is designed to build teamwork, leadership skills, and self-esteem through sports like:
- Soccer
- Basketball
- Volleyball
- Ultimate Frisbee
- Field games

Backpacking | Camping
Ages: 13–15 | 15–17
This program is designed to remove cultural and social barriers and focus on acceptance and community awareness. Teens will learn to set up their own tents, cook their meals, and how to use water purification systems in the wilderness of the Rocky Mountains.
Activities are carefully designed for maximum results, and led by our extensively trained staff.

Climbing Camp
Grade Levels: 2–3 | 4–6
An unforgettable adventure, this camp builds self-confidence and team building, while learning valuable skills to scale the highest mountains.
Throughout the week campers will focus on different elements of climbing as they scale the climbing wall and work as a team navigating the low ropes course.
Campers in grades 4–6 will take a field trip to climb outside on real rock!
CAMP AT ITS CORE IS TRANSFORMATIONAL
IMAGINE. CREATE. GROW.
CREATIVE ARTS CAMPS

Music & Dance
Grade Levels: 1–3 | 4–6
Spend the week focusing on developing your musical and dancing skills!

Arts & Crafts
Grade Levels: 1–3 | 4–6
Discover your artistic side. Challenge your imagination and soar through creative expression. Campers will create a variety of masterpieces to take home for the family to enjoy.

Fairytale Camp
Grade Levels: 1–3
A magical, fairytale themed camp that allows campers to use their imagination. We’ll make dragon and fairy wings, wands, crowns, puppets and more. There will also be a special tea party on the last day!

Peek into the Past
Grade Levels: 4–6
Become an official “junior museum director” while learning detective skills and exploring the hidden mysteries at YMCA of the Rockies. Uncover clues about the past through archeology, cook over an open fire, and reenact camp life in the early 1900s. We will also explore Rocky Mountain National Park and discover the secrets of the glaciers.

Photography
Grade Levels: 1–3 | 4–6
Say “Cheese!” to an exciting week developing your photography skills in the beautiful Rocky Mountains! This camp is designed to harness your inner Ansel Adams with basic nature photography skills, cameras supplied.
Nature Camp
Grade Levels: 1–3
Young nature lovers will enjoy the great outdoors. Campers will learn to use what nature provides as they build an outdoor shelter, and learn about the area wildlife and ecology as we hike and explore the Rocky Mountains.

Outpost
Grade Levels: 5–8
This outdoor adventure camp is where you can create friendships, share group experiences, build leadership skills, and explore the Rocky Mountain environment using Leave No Trace™ principles. Includes a Thursday overnight campout and all meals.

Activities include:
• Horseback riding
• Hiking in Rocky Mountain National Park
• Ropes course and climbing wall
• Swimming
• Meal planning / campfire cooking
• Outdoor living skills
• Song/skit performance

Experiments & Engineering
Grade Levels: 1–3 | 4–6
Take off into a world of exploration through hands-on-experiments including:
• Slime
• Designing and building water rockets and volcanoes
• Plus more!
GRADES 9–12
ADVENTURE CAMP
FOR TEENS

An action-packed week of outdoor adventure activities where you’ll learn important life skills, develop leadership qualities and make life-long friends.

MONDAY
Low Ropes

TUESDAY
Zip Line
Mountain Biking
Cookout

WEDNESDAY
Outdoor Climbing
Mini Golf or Disc Golf

THURSDAY
Sports
Swimming
Horseback Riding

FRIDAY
Rafting or Day Hike
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WHAT TO BRING
on your Summer Day Camp adventure!

What to Wear
Please have your child wear layers. Great options are T-shirts, sweatshirts, jackets, and shorts under sweat pants.
Please keep in mind that your child will get dirty, so dress her/him accordingly. Good, sturdy shoes are recommended (no sandals or Crocs unless you will be rafting).

Horseback Riding
We recommend long pants and the sturdiest shoes they own—boots are the best. We provide riding helmets, which are required to continue our ACA status.

What’s in that daypack?
- Water bottle
- Sunscreen
- Hat with brim
- Swim suit (in a plastic bag on swim day)
- Rain gear (no umbrellas)
- Lunch with a drink (if not purchasing lunch). Lunches will not be refrigerated, so bring nonperishable items.

Your child will need to be able to carry their daypacks throughout the day, this includes preschoolers.

Please be sure to label all items for lost and found purposes.

BE READY FOR WEATHER
WEAR LAYERS
LABEL EVERYTHING

DO NOT BRING...
Electronic equipment including: phones, iPods/mp3 players, computers. Any personal sports equipment, money, pocket knives, firearms, alcohol or drugs, pets.
CAMPER SCHEDULE SNAPSHOT

Early Birds .......................... 7:30 AM
Check-In ............................ 8:00 AM – 8:30 AM
Flag Time ............................ 8:30 AM – 9:00 AM
Activity One ......................... 9:00 AM – 10:30 AM
Activity Two ......................... 10:30 AM – Noon
Lunch | Relaxation .................. Noon – 1:00 PM
Activity Three ................. 1:00 PM – 2:30 PM
Flag Time ......................... 2:30 PM – 3:00 PM
Check-Out ......................... 3:00 PM – 3:30 PM
Sundowners ....................... 3:30 PM – 5:30 PM

Online registration only.
Opens early March.
Parents or legal guardians of program participants must register children. You will be asked to provide the following information to complete registration:
• Health information
• Signatures
YMCA of the Rockies membership is not required for enrollment.

Contact Information
Phone: 970-586-3341 x1280
E-mail: daycampepc@ymcarockies.org
Website: ymcarockies.org
Address: 2515 Tunnel Road
Estes Park, CO 80511

Inclusion Program
We enthusiastically pursue opportunities to welcome campers with diverse abilities into the day camp experience.
We recognize that the term diverse abilities has many categories (physical, cognitive, emotional), and our intent is that campers with diverse abilities be involved in the regular camp programming, meaning all programs are available for your consideration.
Our staff will work closely with you to assess our ability to accommodate your child’s needs, and help create a full day camp experience that will be fun and fulfilling for all.

TO REGISTER
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Nature Meets Nurture at YMCA of the Rockies Camps

We believe that our camps are unique by providing children with recreational activities that enable growth, teach life skills, develop character and build life-long friendships.

Through trained, qualified leadership, children have experiences that enrich their lives.