



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE ROCKIES

PROGRAMS AND ACTIVITY OPTIONS

Free Activities and Facilities:

- Self-Guided Hikes (visit the Mountain Center for hiking info and maps)
- Guided Hikes (must sign-up in advance)
- Indoor Game Room (pool, foosball, ping-pong, table shuffleboard)
- Library
- Museum
- Swimming Pool
- Roller Skating Rink (September–May only)
- Longhouse Gym (indoor basketball and volleyball; September–May only)
- Family Programs
- Sports and Recreation Programs
- Sports Equipment Checkout
- Spirit and Faith activities

At Additional Cost:

- Craft & Design Center
- Outdoor and Indoor Climbing Walls
- Archery
- Zip Line (April–October, weather dependent)
- Horseback Riding and Hay Rides (April–September)
- Fly fishing (Summer only)
- Whitewater rafting (Summer only)
- Massage

Available for Private Group Reservations (at additional cost):

- Campfire Rings
- Team Building
- Outdoor Climbing Wall
- Zip Line
- Archery
- Private Hikes
- Longhouse Gym and Roller Rink Reservations