

ACTIVITY SCHEDULE

FRIDAY, AUGUST 9 – THURSDAY, AUGUST 15



YMCA OF THE ROCKIES- ESTES PARK CENTER



Children under the age of 13 must be accompanied by an adult at all times.

Some programs require advanced registration and may fill quickly, click [here](#) or call x1 104 to sign up.

PROGRAM FACILITY HOURS

	Fri, Aug 9	Sat, Aug 10	Sun, Aug 11	Mon, Aug 12	Tues, Aug 13	Wed, Aug 14	Thurs, Aug 15
SWEET MEMORIAL	Stop by to get a full schedule of activities, and plan out your fun! Check out our game room in the basement! Sign out board games, puzzles, disc golf equipment and more! Questions? Call us at x1104.						
	8AM-9PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM	9AM-8PM
BOONE FAMILY MOUNTAIN CENTER 	Sign up for hikes, visit our nature center, or get info about our outdoor activities! Plus, find tons of information about hiking, both at the Y and in the National Park. Questions? Call x8402.						
	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM
DUNCAN FAMILY CLUBHOUSE AND BENBROOK COURTS	Check out sports equipment including volleyballs, kickballs, mini golf equipment, pickleball and tennis equipment and more. Located between mini golf and Benbrook Courts. Children 12 and younger must have an adult. Questions? Call x1134.						
	8AM-9PM	9AM-12PM 1PM-5PM	9AM-12PM 1PM-5PM	9AM-12PM 1PM-5PM	9AM-12PM 1PM-5PM	9AM-12PM 1PM-5PM	9AM-12PM 1PM-5PM
LULA W. DORSEY MUSEUM	Come by and learn about the history and creation of YMCA of the Rockies. Guided tours available, no registration required. Last admittance 30 minutes before closing. Questions? Call us at x1136.						
	9:30AM-5:30PM	9:30AM-5:30PM	12PM-4PM	9:30AM-5:30PM	10:30AM-5PM	9:30AM-5:30PM	9:30AM-5:30PM
MAUDE JELLISON LIBRARY	Grab a good book, cup of coffee, and get cozy. Questions? Call us at x1133.						
	9AM-7PM	9AM-7PM	1PM-5PM	9AM-7PM	9AM-7PM	9AM-7PM	9AM-7PM
MOOTZ FAMILY CRAFT & DESIGN CENTER 	Drop in crafts available everyday, prices and availability vary. Open crafting and craft classes available. Glazed ceramics and Glass fusion must be finished by 3:00pm to be ready for pick up at the next day. No new projects after 4:30PM, clean up at 4:45PM. Some crafts have age restrictions. Questions? Call us at x 1132.						
	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM
DORSEY SWIMMING POOL	Maximum capacity limits may apply. Pool is closed during lightning storms. Pool will be cleared 5 minutes before closing time. Call x1135 for space availability and weather conditions. Towels provided.						
	OPEN SWIM - Swim time for all, come to play or swim laps! Kids 12 and under must have an adult in the building at all times. Kids 7 and under must have an adult in the water. The water slide is open at the lifeguards' discretion.						
	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 9AM-11:30 3PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 12:30PM-5PM	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM	OPEN SWIM 12:30PM-6PM LAP SWIM 6:30AM-8:30AM
BOB ECKER ROLLER RINK	Roller skates provided. Roller blades are welcome, but not provided. Questions? Call x1104						
	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM

ON PROPERTY SELF GUIDED WALKING TOUR

These informative strolls explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in! QR Codes are available in Sweet Memorial and the Museum.

[PUBLIC ART TOUR](#) | [WALK ABOUT THE Y HISTORY TOUR](#)

LOST?
CHECK OUT OUR
PROPERTY MAP



WANT TO HIKE?
CHECK OUT OUR
TRAIL MAP



At YMCA of the Rockies we are stewards of the Earth. Please do your part and recycle this Activity Guide. Click [here](#) or visit our website to learn more about our sustainability goals and practices.



GUIDED HIKING

Registration required

Requires sign up: Call the Boone Family Mountain Center at x1311 or click [here](#) to register. Hikes are free for YMCA of the Rockies guests and members. No call, no shows will incur a \$5 per person charge. Call x1311 to cancel your reservation, at least 24 hours in advance. It is imperative that all hikers check in with the hiking desk no later than 5pm the day before the hike. Check in can be done in person or over the phone. Please bring your Y lodge room number or cabin name at that time. A variety of circumstances may change the schedule of any hike. All equipment will be provided for guided hikes requiring specialized snow equipment, such as snowshoes or microspikes. Please dress in layers and be prepared for snow and cold temperatures, especially for hikes higher than 8500' in elevation.

Hike Difficulty: A=Most Difficult B=Very Demanding C=Demanding D=Strenuous

E=Moderate Plus F=Moderate G=Easy H=Easiest

Prerequisites: To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (Hikemaster-led) hike of no more than two grades lower within two weeks before the hike. A "C" hike is the prerequisite for an "A" hike (A hikes may require additional hiker scrutiny due to the high level of physical demand); a "D" hike is the prerequisite for a "B" hike, etc.

	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
FRIDAY, AUG 9						
3:00 AM – 4:00 PM	McHenry's Peak	13.5	4100'	A	A	Dave M. & Mike M.
<i>Enjoy this rigorous, 3rd class climb via Black & Frozen Lakes to Stoneman Pass & exposed ridge to the 13327' summit.</i>						
5:00 AM – 4:00 PM	Box and Eagle Lakes	16.0	2350'	C	C	Megan N. & Richard L.
<i>Enjoy a scenic hike in the Wild Basin area of Rocky Mountain National Park that goes past Thunder Lake and Mertensia Falls.</i>						
7:00 AM – 3:00 PM	Black Lake	9.8	1800'	E	F	Karen A.
<i>Take the Glacier Gorge trail to a spectacular lake in the deep cirque between the east face of McHenry's Peak & Arrowhead Arete.</i>						
7:30 AM – 1:30 PM	Deer Mountain	6.0	1350'	F	F	Harvey H.
<i>Hike this historic trail up Deer Ridge to an accessible summit. From there we can appreciate the panoramic views while avoiding the Bear Lake corridor traffic!</i>						
7:30 AM – 11:30 AM	Gem Lake	3.5	1450'	F	E	John S.
<i>This is a short, occasionally steep, hike past wonderful rock formations with names like "Twin Owls" and "Paul Bunyon's Boot" to a crystalline lake on Lumpy Ridge.</i>						
8:30 AM – 1:00 PM	Upper Beaver Meadows	5.0	500'	G	F	Tammy F.
<i>The Beaver Mountain Trail loops through meadows, ponderosa parks and aspen-fir forests in a uniquely diverse life zone.</i>						
1:30 PM – 3:30 PM	Glacier Creek	2.5	350'	G	F	Program Staff
<i>Hike to where the murmurs of the forest mingle with the gentle rush of flowing waters on a mesmerizing hike through the Montane Forest's riparian ecosystem.</i>						
SATURDAY, AUG 10						
7:00 AM – 3:30 PM	Ute Trail West, Down the Giants Ladder	5.3	-2000'	E	C	Tom D. & Sam M.
<i>Bushwhack from Lake Irene along route of ancient Ute trail to Farview Curve, then down historic "Giant's Ladder" route of Fall River Road to Timber Lake TH.</i>						
7:15 AM – 2:45 PM	Timberline Falls	7.8	1300'	E	E	Harvey H.
<i>Enjoy this hike to a spectacular waterfall up past The Loch and just under Lake of Glass.</i>						
7:30 AM – 12:30 PM	Bear to Bierstadt Lake	4.0	400'	G	F	John S.
<i>Follow a mostly downhill trail through subalpine forest to Bierstadt Lake, then down the Bierstadt Moraine.</i>						
SUNDAY, AUG 11						
7:15 AM – 3:00 PM	Finch Lake Circuit from Allenspark TH	7.7	2300'	E	D	Laura B.
<i>Enjoy a hike along the Finch Lake trailhead and return via the fisherman's trail from Finch Lake down Cony Creek to Calypso Cascades.</i>						
7:30 AM – 11:30 AM	Calypso Cascades	3.6	650'	G	F	Karen A.
<i>Nature walk through lush woods along the North Saint Vrain river to the cascades of Cony Creek tumbling down from Pear Lake.</i>						
8:30 AM – 2:30 PM	Mills Lake	5.2	850'	F	F	Harvey H.
<i>Trail past Alberta Falls to a lake below Thatchtop Mtn & craggy Glacier Gorge.</i>						
MONDAY, AUG 12						
7:15 AM – 2:30 PM	Boulder Brook Loop	6.7	1300'	F	F	Dave F.
<i>Pass Alberta and Rebecca Falls, then east onto the little-used North Long's Peak Trail.</i>						
7:00 AM – 2:00 PM	Estes Cone	6.5	1600'	E	D	Mike M.
<i>Longs Peak trail to rocky summit with panoramic views of Battle Mountain, Longs Peak, Twin Sisters, Lily Mountain and Estes Valley. This trail has a steep scramble.</i>						
7:30 AM – 2:30 PM	Loch and Mills Lack	6.5	1350'	F	F	Karen A.
<i>Hike to the large, trout-filled lake nestled in Loch Vale above Alberta Falls then make your way to Mills Lake, one of the most picturesque lakes in the park.</i>						
8:00 AM – 12:30 PM	Sprague Lake via Mountainside Dr.	4.0	200'	G	F	Megan B.
<i>Beginning from Mountain Side Drive on the YMCA, follow this cascading stream to near Glacier Basin Campground & onto Sprague Lake.</i>						

Click [here](#) to register and find more hike descriptions. Call 970.586.3341x1104 for more information.

GUIDED HIKING

Registration required

	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
TUESDAY, AUG 13						
6:00 AM – 4:00 PM	Spectacle Lakes	11.5	3450'	C	B	Megan B. & Sam M.
<i>Scramble up the cascading stream to the two spectacular, alpine tarns hidden in the deep cirque on the east face of Mount Ypsilon.</i>						
6:15 AM – 4:00 PM	Timber Lake	10.6	2060'	E	E	Megan N.
<i>Hike this woodland trail from Kawanechee Valley spiraling up Timber Creek to a shallow, alpine lake west of Mt Ida & the Continental Divide.</i>						
7:15 AM – 2:30 PM	Crags Hike	7.4	2250'	E	E	Tom D.
<i>We will hike partly off-trail to a craggy buttness on the north side of Twin Sisters Mountain. This area offers spectacular views of the east face of Longs Peak and Estes Valley.</i>						
7:30 AM – 2:00 PM	Lake Helene	6.4	1200'	F	F	John S.
<i>Enjoy taking this forested trail around the north face of Flattop Mountain to a shallow lake below Notchtop Mountain.</i>						
8:00 AM – 10:30 AM	Lily Lake Nature Walk	1.5	250'	G	F	Harvey H.
<i>Enjoy walking around one of the prettiest lakes in the National Park with a guide who is knowledgeable about the flora and fauna and is for those who want to take their time.</i>						
9:00AM – 12:00 PM	Orienteering Class					Dave F.
<i>Join HikeMaster Dave for a fun filled morning finding your way around one of the Y's Challenger courses using a map and compass. All materials and instruction provided</i>						
WEDNESDAY, AUG 14						
6:45 AM – 1:30 PM	Chapin Peak	4.4	1800'	E	E	Megan B.
<i>Hike up rock steps & tundra hike to this classic peak overlooking the Fall River Canyon & Mummy Range.</i>						
7:30 AM – 12:00 PM	Emerald Lake	3.6	750'	F	F	John S.
<i>Climb a smooth trail past Nymph and Dream Lakes up to the beautiful green gem-of-a-lake in Tyndall Gorge. This hike is perfect for most families.</i>						
7:30 AM – 1:00 PM	Loch	5.0	1150'	F	F	Dave F.
<i>Hike a gentle trail past the roaring Alberta Falls (the perfect photo op) to a large, trout-filled lake nestled in Loch Vale.</i>						
3:00 PM – 6:00 PM	Alberta Falls	1.8	250'	G	F	Megan N.
<i>Follow this well-maintained trail through beautiful aspens and lodge poles to the majestic waterfall that appears in the logo for Coors Brewing Company.</i>						
THURSDAY, AUG 15						
2:30 AM – 5:30 PM	Mount Alice	18.0	4800'	A	B	Megan N. & Dave M.
<i>Rigorous loop hike via Lion Lakes to Hourglass Ridge and rock slabs on NE face of Alice to the summit.</i>						
4:15 AM – 8:30 AM	Sunrise on Sundance	1.0	300'	F	F	Megan B.
<i>Awesome sunrise views from the prominent alpine peak on Trail Ridge. Bring warm clothes -- it can be cold at night on the "Roof" of the continental US!</i>						
7:30 AM – 1:00 PM	Fern Falls	5.5	1000'	F	F	Karen A.
<i>Enjoy hiking past lush woods along the Big Thompson River, past the site of the Old Forest Inn, to thundering waterfalls.</i>						
8:00 AM – 3:30 PM	Odessa Fern Lakes Loop	9.8	1200'	E	E	Tom D.
<i>We will start at Bear Lake, climb moderately around the side of Flattop, then drop into the stunning Odessa Gorge. It's all downhill after that!</i>						
9:00 AM – 12:00 PM	Moraine Park Loop	3.3	400'	G	F	Ginny K.
<i>Hike from the Y into Rocky Mountain National Park and through a glacially carved valley with great views of the continental divide.</i>						
6:00 PM – 10:00 PM	Sunset on Sundance	1.0	300'	F	F	Megan B.
<i>Awesome sunset views from the prominent alpine peak on Trail Ridge. Bring warm clothes -- it can be cold at night on the "Roof" of the continental US!</i>						

MAUDE JELLISON LIBRARY PROGRAMS

SUNDAY AUG 11

3PM – METEORS AND METEOR SHOWERS

Meteors and Meteor Showers—Ever wonder what those bright shooting stars you see at night are all about? Join us to learn about meteors (those bright streaks!) and meteor showers. .

MONDAY AUG 12

7PM – POEMSHARE: OPEN MIC

Come share your favorite poem or song with everyone and enjoy their presentations as well. The library has guitars you may use if needed. Come and perform or just come and listen. Everyone is welcome.

TUESDAY AUG 13

7PM – MEET ANNA WOLFRAM

Meet and Greet an important local historical figure from this area, Anna Wolfam Dove, as portrayed by Dr. Karen Foster. Anna Wolfram was a homesteader in Estes Park and she opened up the famous Wigwam Tea Room near the YMCA campus.



SPECIAL EVENTS

SUNDAY AUG 4

6PM – LINE DANCING

Join Line Dancing Expert Jan Tenzer in this classic, boot-stomping activity for all ages. Meet at Jellison Youth Building. Closed-toed shoes preferred.

WEDNESDAY AUG 14

2PM-4PM ONYX CABIN OPEN HOUSE

Cabins at YMCA of the Rockies are donated by amazing people just like you. Visit this week's Cabin Open House to learn how the program works. Everyone is welcome! Contact Andrea Sherman at asherman@ymcarockies.org for more information or to schedule a private tour.

7PM COWBOY BRAD SING-A-LONG

Join local singer/songwriter/guitarist Cowboy Brad at the Kathie Mennel Outdoor Amphitheater by the Mountain Center for songs and fun for the family! Please call Sweet Memorial (x1104) in case of inclement weather.

ADVENTURE ACTIVITIES

Registration Required

Archery, Axe Throwing, Climbing \$12/person. Aerial Challenge Course \$45/person. Click [Here](#) or call x1104 to check availability. Refunds not given within 24 hours of a paid program, unless the cancellation is due to weather.

NEW! AERIAL CHALLENGE COURSE

Located at the Boone Family Mountain Center. Traverse from tree to tree, well above the forest floor on our new high ropes course. Each session begins with a 30 minute ground school that each participant must pass before entering the course. People with known heart conditions or who are pregnant may not participate. Participants must be between 35 and 250 pounds and meet the minimum height requirement of 4'9. Up to 10 people per session.

OUTDOOR ARCHERY

Located at the Main Archery Range. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6 and older, up to 12 people per session.

NELSEN FAMILY INDOOR CLIMBING WALL

Located at the Boone Family Mountain Center. The indoor climbing wall is modeled to look and feel like real rock! Climb to the top of the 25-foot wall, or stay low to the ground on the bouldering wall. Open to ages 5 and older, up to 8 people per session.

OUTDOOR AXE THROWING

Located at the Main Axe Throwing Range. Learn the basics of axe-throwing and have fun aiming for a bullseye! Open to ages 6 and older, up to 12 people per session.



ACCESSIBLE TRAIL - ENGER FAMILY NATURE TRAIL

The Enger Family Nature Trail is built for all ages, with accessibility in mind. The trail starts at the Boone Family Mountain Center and makes a pet-friendly loop through the forest. Learn about the ecosystem, culture and history of the area through interpretive panels.

CHAPEL ACTIVITIES

FRIDAY, AUG 9

9:30AM - BIBLE STUDY

Help is here. Finding fresh strength and purpose in the power of the holy spirit. Meet at Dannen Library.

7PM - FRIDAY NIGHT

FAITH FILM

Join us in Hyde Chapel for a showing of *Moondance Alexander*.

SUNDAY, AUG 11

10:00AM - WORSHIP

IN THE ROCKIES

Worship with us in Hyde Chapel. Everyone is invited to join us for this great hour of worship!

7:00PM - HYMN SING

Join us in Hyde Chapel for an evening of praise and song.

TUESDAY, AUG 13

9:30AM - WORSHIP HIKE

Join us for a hike (2.5 miles round trip) to Bible Point where we will join in prayer and song. This is a strenuous hike and participants should wear good hiking shoes/boots, and bring water. Meet at the gas firepit outside of Hyde Chapel.

WEDNESDAY, AUG 14

1PM - BIBLE STUDY

James, the practical guide to living your faith. Meet at Dannen Library.

6:30PM - VESPERS COMMUNION SERVICE

Join us in Dannen Chapel for our communion service.

7:30PM - CAMPFIRE WORSHIP SING-A-LONG

Join us at the gas firepit outside of Hyde Chapel to worship and sing.

ADDITIONAL CHAPEL PROGRAMS

INTERACTIVE PRAYER TRAIL

Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession.

LABYRINTH

Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum.

BIBLE POINT TRAIL

Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. Pick up a map in the Mountain Center.

24/7 PRAYER

DANNEN CHAPEL

Entrance located on the outside northeast corner of Hyde Chapel, open 24/7 for your prayer needs.

BEATITUDE STUDY TRAIL

Enjoy a 1 mile hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." Trailhead is located at Dorsey Lake

STORY WALK

Enjoy a children's book on a short walk equipped with reading stations. Begins on the walking path by the Hyde Chapel fire pit.

LAWN GAMES

Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you



BIRD BANDING

MEET AT THE BIRD BLIND

FRI, MON, WED - 4PM-6PM

Watch Scott Rashid, licensed bird bander, "net" different species of birds that come to Colorado in the summer. Drop in anytime. Bird Banding site near the corner of Mineral Rd and Association Drive.

SUSTAINABILITY AT THE Y

How many sustainability icons can you find in the Activity Guide? Bring your answer to Sweet Memorial for a prize!

At YMCA of the Rockies, we are committed to an emissions reduction goal that aims to cut our greenhouse gas emissions by a minimum of 50% by 2050.

Objectives included in the plan address 8 sustainability sectors. Learn about a few below, check out our website to learn about the other sectors and more about our sustainability practices and goals.

REDUCING EMISSIONS



WASTE: Expand recycling, divert food waste from the landfill and reduce overall waste generation.



REDUCING LOCAL IMPACT

WATER: Maximize water efficiency and water quality of local streams.



RESILIENCE AND LAND MANAGEMENT: Increase resilience and fire preparedness through sustainable land stewardship practices.

ENGAGING VISITORS



EDUCATION AND ENGAGEMENT: Engage guests in campus sustainability opportunities and education, and continuously share our story with guests and visitors.

Click [here](#) to register and find more course descriptions. Call 970-586-3341x1104 for more information.

STAFF TALENT SHOW

AUGUST 9; 6PM

KATHIE MENNEL AMPHITHEATER

Come and witness the amazing talents of our incredible staff! From singing and dancing to comedy and magic, our staff will entertain and delight you with their hidden talents. This is a night you won't want to miss! Bring your friends and family for an unforgettable evening! **FREE ADMISSION FOR ALL GUESTS**
In case of rain, the event will be moved to Willome.

METEOR SHOWER WATCH PARTY

AUGUST 12; 11PM

LEGETT YOUTH BUILDING

Bring a blanket and chair and wish on a shooting star. Watch the Perseid Meteor Shower from the beautiful Rocky Mountains! The first quarter moon sets at midnight leaving dark skies for the majority of the shower.

MINDFUL MOVEMENT

FRIDAY, AUG 9

MOVEMENT AT THE MUSEUM

9:30AM - DORSEY MUSEUM

Join us as a certified Pilates instructor guides you through lengthening and strengthening exercises as you breathe and behold nature on the Museum lawn. You will be led through a fusion of Pilates and yoga movements. All levels are welcome. Modifications will be offered. Please bring water.

SUNDAY, AUG 11

VINYASA FLOW YOGA

9AM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click [here](#) or call x1104.

MONDAY, AUG 12

TENNIS LESSONS

9AM - LITTLE LOBBERS - OUTDOOR TENNIS COURTS

This is a parent - child clinic for children 4 - 6 year old, to better develop the child's basic hand and eye coordination, athletic skills along with tennis. Movement, balance, and proper techniques will be taught by using fun games. Registration required. Parents must accompany children.

10AM - NEW TO TENNIS - OUTDOOR TENNIS COURTS

Parent - child tennis clinic for children 7 - 17 years old. You will learn and play games while getting a better understanding of proper stroke technique. Registration required. Parents must accompany children.

11AM - LETS PLAY - OUTDOOR TENNIS COURTS

This session is for intermediate to advanced juniors that play in USTA Sanctioned Tournaments, or are on middle or high school tennis teams, or compete in Junior Team Tennis. Fun games, drills and match play are the essence of this session. Registration required.

TUESDAY, AUG 13

VINYASA FLOW YOGA

5:30PM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures available. Mats available. Registration required, click [here](#) or call x1104.

DEDICATION OF THE BRAND NEW TEEN BARN AT THE OUTPOST

AUGUST 13; 1PM

The Outpost is a designated location for youth in Day Camp and Outdoor Educations programs. The enhanced facility features a new roof, fresh concrete floors, windows for ventilation and better lighting to improve the learning environment for kids. We have increased our capacity to serve youth and allow the YMCA to help more kids feel welcome and safe during their experiences in Day Camp and Outdoor Education. Meets at Outpost, no registration required.

DORSEY MUSEUM PROGRAMS

FRIDAY, AUG 9

2PM - WEAVE THROUGH THE PAST

Have you ever wondered how people used to make their own snowshoes, curtains, or even sandals! Come learn about the history of weaving and create your own. Registration required, click [here](#) or call x1104.

SATURDAY, AUG 10

10AM - ARCHAEOLOGY HIKE

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click [here](#) or call x1104.

TUESDAY, AUG 13

8:30AM - BREAKFAST AT THE MUSEUM

Come learn about exciting new projects, share in fellowship and have your questions answered by Julie Watkins, President/CEO; Shannon Jones, Estes Park Center General Manager, and additional members of the Association Leadership Team. Free breakfast included with the presentation.

2:30PM - DOLL MAKING

Create your own doll and learn how young girls in the 1880's made dolls prior to modern technology. Registration required, click [here](#) or call x1104.

WEDNESDAY, AUG 14

10AM - GRANDMAS BYGONE GAMES

Stop by the Museum porch to enjoy some bygone games from the past. Learn how to play jacks, checkers, hop scotch and more! No registration required.

1PM - STAFF ALUMNI GATHERING

Drop by the museum to meet other staff alumni. Share stories and reminisce about your time as a staff member at YMCA of the Rockies. You'll also have an opportunity to find yourself in our annual staff photos too. Registration not required.

2PM - ANNA WOLFRAM

Meet Anna Wolfram Dove and learn about her life as the first independent female homesteader in the Estes Valley. In addition to being a homesteader, Anna was also a teacher and savvy businesswoman running the Wigwam tearoom for years. Hear about her adventures! Registration not required.

THURSDAY, AUG 15

10AM - PRESIDENT TEDDY ROOSEVELT

Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Includes Q&A time with Teddy. Bully, Bully!

1PM - ARCHAEOLOGY HIKE

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click [here](#) or call x1104.

CAMPFIRE OPPORTUNITIES

SMORES KIT

AVAILABLE AT SWEET MEMORIAL

Ready for a classic camp treat? Stop by sweet memorial to pick up a smores kit. Includes graham crackers, marshmallows, chocolate and roasting stick. \$6, Serves 4.

COMMUNITY FIRE

FRIDAY-7:45PM & SATURDAY and THURSDAY-5:30PM

Come join a free community campfire at the Main Fire Ring outside of the Administration Building. Feel free to bring your own s'mores supplies.

COOKOUT AND CAMPFIRE

TUESDAYS - 5:30PM-8PM

RESERVATION REQUIRED - LIMITED AVAILABILITY

Meet at Upper Cookout at 5:30 PM to enjoy a delicious dinner grilled up by our Food Service team. At 6:30 PM, we will begin a family-friendly campfire program with songs, skits, and games! Adults (13+) \$25/person; Children (2-12) \$16.50/person. Click [here](#) or call x1104 to register.

FIRE RING RENTAL

RESERVATION REQUIRED

Reserve one of our six fire rings located throughout property. Available every day from 5:30-7:30 or 7:45-9:45 for \$30. Rental includes 2 bundles of firewood, fire starter and matches. Pick up materials from Sweet.

Click [here](#) to register and find more program descriptions. Call 970.586.3341 x1104 for more information.

FREE FAMILY PROGRAMS

Age Ranges Family Programs (all ages) † Little Learners (6 and under) *
Locations: Leggett Youth Building (Leggett YB) Sweet Memorial (Sweet)

Young Adult+ (10 & up) ☀

No registration required.

PROGRAM DESCRIPTIONS

FRIDAY, AUG 9

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM * Woolly Worm Hunt @ Sweet
10:30AM * Children's Story Time @ Library
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM † Up, Up and Away @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Fire Quest @ Sweet
2:15PM † Mineral Magic @ Sweet
4:30PM † Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Capture the Flag @ Sweet
9:30PM † Stargazing @ Leggett YB

SATURDAY, AUG 10

9:00AM * Little Explorers @ Sweet
9:15AM † Capture the Flag @ Sweet
9:45AM † Animal Detective @ Sweet
10:30AM † Origami @ Sweet
11:00AM † Bird is the Word @ Sweet
11:45PM ☀ Walk in the Woods @ Sweet
2:00PM † Make Ice Cream @ Sweet
3:15PM † Gaga Ball @ Sweet
3:30PM † Creek Stompin @ Dorsey Pond
3:30PM † Fire Quest @ Sweet
4:30PM † Sidewalk Chalk @ Sweet

SUNDAY, AUG 11

9:00AM * Little Explorers @ Sweet
9:15AM † Floor Hockey @ RR
9:45AM † Animal Detective @ Sweet
10:30AM ☀ Knots @ Sweet
11:00AM † Bird is the Word @ Sweet
1:00PM * Parachute Games @ Sweet
1:45PM ☀ Survival @ Sweet
2:00PM † Slime @ Sweet
3:15PM † Kickball @ Sweet
3:30PM † Creek Stompin @ Dorsey Pond
3:30PM † Fire Quest @ Sweet
4:30PM † Woolly Worm Hunt @ Sweet
5:30PM † BINGO @ Sweet
6:30PM † Trivia @ Sweet

MONDAY, AUG 12

9:00AM * Little Explorers @ Sweet
9:15AM † Floor Hockey @ RR
9:45AM † Animal Detective @ Sweet
10:30AM ☀ Knots @ Sweet
11:00AM † Bird is the Word @ Sweet
1:00PM * Parachute Games @ Sweet
1:45PM ☀ Survival @ Sweet
2:00PM † Tower Power @ Sweet
3:15PM † Kickball @ Sweet
3:30PM † Fire Quest @ Sweet
4:30PM † Woolly Worm Hunt @ Sweet
5:30PM † BINGO @ Sweet
6:30PM † Trivia @ Sweet

NIGHT WALK EVERY NIGHT

Experience the Ys night life, learn about nocturnal animals, and play night games! Short hike without flashlights, recommended ages 6+. Meets at Sweet Memorial, registration is required, call x1104.

TUESDAY, AUG 13

9:00AM * Little Explorers @ Sweet
9:15AM † Capture the Flag @ Sweet
9:45AM † Animal Detective @ Sweet
10:30AM † Origami @ Sweet
11:00AM † Bird is the Word @ Sweet
1:00PM * Parachute Games @ Sweet
1:45PM ☀ Walk in the Woods @ Sweet
2:00PM † Oobleck @ Sweet
3:15PM † Gaga Ball @ Sweet
3:30PM † Fire Quest @ Sweet
4:30PM † Sidewalk Chalk @ Sweet

WEDNESDAY, AUG 14

9:00AM * Little Explorers @ Sweet
9:15AM † Floor Hockey @ RR
9:45AM † Animal Detective @ Sweet
10:30AM ☀ Knots @ Sweet
11:00AM † Bird is the Word @ Sweet
1:00PM * Parachute Games @ Sweet
1:45PM ☀ Survival @ Sweet
2:00PM † Mineral Magic @ Sweet
3:15PM † Kickball @ Sweet
3:30PM † Fire Quest @ Sweet
4:30PM † Woolly Worm Hunt @ Sweet
5:30PM † BINGO @ Sweet
6:30PM † Trivia @ Sweet

THURSDAY, AUG 15

9:00AM * Little Explorers @ Sweet
9:15AM † Capture the Flag @ Sweet
9:45AM † Animal Detective @ Sweet
10:30AM † Origami @ Sweet
11:00AM † Bird is the Word @ Sweet
1:00PM * Parachute Games @ Sweet
1:45PM ☀ Walk in the Woods @ Sweet
2:00PM † Tower Power @ Sweet
3:15PM † Gaga Ball @ Sweet
3:30PM † Fire Quest @ Sweet
4:30PM † Sidewalk Chalk @ Sweet

FAMILY FUN

ANIMAL DETECTIVE (1hr)

Learn about animals at the Y! We will observe tracks, scat, bones, and antlers, then use your skills to see what animal clues can be found outside.



BIRD IS THE WORD (1hr)

Come learn about fall birds in our area and make your very own bird feeder.

CREEK STOMPIN (1hr)

Learn what makes a healthy waterway, and the importance of keeping our water clean!



FIRE QUEST (1hr)

Fire can be a life-saving tool outdoors. Come learn how to spark safe fires.



MINERAL MAGIC (1hr)

Elevate your décor with unique handmade rocks, adding a touch of elegance and intrigue to any space!

PARACHUTE GAMES (30min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute.

SURVIVAL (1.5hr)

Learn some important skills to help you stay safe in the wilderness.

TOWER POWER (1hr)

Unleash your inner engineer and build towering structures

WALK IN THE WOODS (1.5hr)

Take a leisurely hike around property to explore the trees, plants, and animals in our area!



LITTLE LEARNERS

FOR KIDS UNDER AGE 6:

LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around them.

WOOLLY WORM HUNT (30 min)

Join our adventurous hunt for the mysterious woolly worms and learn about how animals use camouflage.

BEGINNER CRAFTS

ELASTIC JEWELRY \$10

String beads onto elastic cord for one necklace or two bracelets. Designed for ages 4 and up.

INTERMEDIATE CRAFTS

FOR CRAFTERS OVER AGE 10:

LEATHER BOOT CHARM \$10

Make one custom tooled pair of full grain leather boot charms.

CUSTOM JEWELRY \$15-\$20

Learn the basic jewelry making techniques to create a custom pair of earrings, bracelet or necklace

CYANOTYPE SUN PRINT \$20

Make a bandana or paper prints using sunlight and objects in a timeless printmaking technique.

INTERMEDIATE PLUS CRAFTS

FOR CRAFTERS OVER AGE 13:

RUBBER BLOCK PRINTING

Carve your design onto rubber blocks, print it onto paper or fabric, and bring your design to life.

CRAFT CLASSES

Registration required

Registration Required, Click [Here](#) or call x1104 to register. Refunds not given within 24 hours of a paid program. All classes meet at the Mootz Family Craft and Design Center.

FRIDAY, AUG 9

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

SATURDAY, AUG 10

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
10:30AM Pony Bead Animal Keychain
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

SUNDAY, AUG 11

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Cyanotype Sun Printing
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

MONDAY, AUG 12

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Rubber Block Printing
1:00PM Custom Earrings
2:30PM Custom Bracelet

TUESDAY, AUG 13

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

WEDNESDAY, AUG 14

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

THURSDAY, AUG 15

10:00AM Elastic Bracelets or Necklaces
10:00AM Leather Boot Charms
1:00PM Custom Earrings
2:30PM Custom Bracelet
3:30PM Custom Necklace

CAN YOU FIND THE GOLDEN NUGGETS?

Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. Check out the Glacier Creek and Wind River trails. If you collect one, turn in at the Boone Family Mountain Center for a special prize! One prize per person.



CLEVELAND POPS ENSEMBLE AT YMCA OF THE ROCKIES



ARTS AT ALTITUDE MUSIC FESTIVAL FEATURING THE CLEVELAND POPS ENSEMBLE

This summer, YMCA of the Rockies will host the inaugural Arts at Altitude Festival at the Estes Park Center, featuring a ten-piece ensemble from the Cleveland Pops Orchestra from August 10-17. The festival includes artist meet-and-greets, instrument showcases, music education sessions, open mic nights, and solo performances. Led by conductor Carl Topilow, the Cleveland Pops Orchestra offers engaging performances of popular music from stage, film, and TV for all ages.

SCHEDULE | AUGUST 10-17

SATURDAY, AUGUST 10

7pm-9pm | Jazz, Rock and the Great American Songbook
Hempel Auditorium

SUNDAY, AUGUST 11

10am | Chapel Service Performance at Hyde Chapel
3pm | Pop-up Performance at Administration Building

MONDAY, AUGUST 12

10am | Pop-up performances at
Mootz Family Craft and Design Center

TUESDAY, AUGUST 13

7pm-9pm | Open Mic Night & Jam Session at Hyde Chapel

WEDNESDAY, AUGUST 14

3pm-5pm | Instrument Showcase at the
Mootz Family Craft and Design Center
7pm-8pm | Meet the Maestro and his musicians at the Library

THURSDAY, AUGUST 15

10am | Pop-up performance at Administration Building
7pm | Broadway through the Years at the Library

FRIDAY, AUGUST 16

10:30am | Story-time Accompany; musicians join
children's story time at the Library

SATURDAY, AUGUST 17

7pm | "Broadway Through the Years" Performance
Ruesch Auditorium



**SCAN HERE TO
GRAB YOUR
TICKETS!**

*EVENTS ONLY ON AUGUST 10 AND 17 REQUIRE TICKETS

ON CAMPUS THIRD PARTY CONCESSIONAIRES



IN ROOM MASSAGE THERAPY

WWW.HOMEGROWN.YOGA.COM

(720) 218-1953 - TEXT!



Homegrown Yoga & Massage offers state-of-the-art therapeutic massage in the convenience of your lodge room or cabin. Simply designate a private space in a cabin or your lodge room. The licensed massage therapist will bring everything - music, massage table, linens, aromatherapy, hot stones, and more - to create a relaxing spa environment..

Hours of operation:

Open daily 9-5. Some evenings available.

To schedule your appointment:

Text: (720) 218-1953 - texting is the most reliable and quickest way!

Email: laura@homegrownyoga.com

Please let me know 1) your full name, 2) the number and length of massage(s) you'd like, 3) ideal day/time you'd like 4) the dates you are in Estes. Providing this information will expedite scheduling

Payment:

All forms of payment accepted. Pay at time of service. Cash and room charge preferred, credit cards fine. No insurance reimbursement, venmo or paypal.

Yoga Classes:

Private individual and group classes available. See Homegrown's website for details.

Services and Prices:

Mobile Massage Only Summer 2024

30 Min.	\$85	Perfect for achy feet or a great neck and back massage. (Only available with two or more massages)
60 Min.	\$130	Perfect for full body massage focusing on relaxation and health promotion
90 Min.	\$180	Allows additional time to focus on a certain pain issue
120 Min.	\$230	Allows time for multiple modalities and an in-depth full body massage

No Time Add Ons:

Complementary Aromatherapy
Deep Tissue: Included

Hot Stone: \$20

Body Brushing: \$20

(You take brush home)

*48 HOUR CANCELLATION POLICY OR FULL CHARGE

CONTACT HOMEGROWN YOGA AND MASSAGE DIRECTLY TO BOOK - (720) 218-1953 - TEXT IS BEST



FLY FISHING ADVENTURES

SASQUATCH FLY FISHING ADVENTURES

(970) 586-3341 x1153 7:30AM - 5PM

All inclusive fly fishing trips available everyday. Private trips available everyday, call to book. Trips include all gear and flies, one day licenses or day pass may be required. Equipment available to rent for independent use.

Things to Know for Your Trip

- Trips are all inclusive - **All gear and flies included at no extra cost!**
You must have someone sign up for our trips (email, call or stop by our desk - located inside the Boone Family Mountain Center).
- AGE MINIMUM: Must be at least 12 years old to attend a fly-fishing outing.
EXCEPTION: **Family Fun Trips are open to ALL ages!** Ages 12+ will fly fish while ages 11 and under will spin fish.
- Most trips have a minimum (2 people) and a maximum (varies) number of participants. 1 person trips will go out for an extra fee or be combined with other trips.
- What to bring: extra clothing, raingear, sunscreen, polarized sunglasses, tip for the guide; as needed - fishing license, water, snacks, possibly lunch / dinner (see desk).

Trip Rates

- Fly Fishing The YMCA: \$50.00 (no license needed)
- ½ Day Trips: \$75.00
- ¾ Day Trips: \$95.00
- All Day Hike: \$125.00
- Family Fun Trip: 11 & under \$38.00 / 12+ \$58.00
- Family Fun Cookout: 11 & under \$43.00 / 12+ \$63.00
- Belly Boat: Drive To \$110.00 / Backcountry \$145.00
- Fish n' Golf: \$120.00 (all-inclusive*)

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Backcountry Belly Boating Trip 6:45am- 3:30pm Fly Fishing YMCA 1:30 - 3:45	1/2 Day Fly Fishing 7:45am -12:30pm	1/2 Day Fly Fishing 7:45am -12:30pm 1/2 Day Evening Experience COOKOUT! 4:00pm - 9:00pm	3/4 Trip to the National Park 7:00am - 2:30pm	3/4 Trip to the National Park 7:00am - 2:30pm Backcountry Belly Boating Trip 6:45am- 3:30pm	3/4 Trip to the National Park 7:00am - 2:30pm Fly Fishing YMCA 1:30 - 3:45	All Day Hike n Fish 6:30am - 5:30pm (amazing fishing!) 1/2 Day Fly Fishing
Family Fun Trip 8am -12pm	Fly Fishing YMCA 1:30 - 3:45	Fly Fishing YMCA 1:30 - 3:45	Family Fun Trip 8am -12pm	Family Fun Trip 8am -12pm	Family Fun Trip 8am -12pm	1/2 Day Fly Fishing 7:45am -12:30pm
Evening 1/2 Day 4:30pm - 9:00pm	Evening 1/2 Day 4:00pm - 9:00pm		Family Fun Cookout 4:00pm - 8:30pm	Evening 1/2 Day 4:00pm - 9:00pm	Family Fun Cookout 4:30pm - 8:30pm	Family Fun Cookout 4:30pm - 8:30pm

CONTACT SASQUATCH FLY FISHING DIRECTLY TO BOOK - (970) 586-3341 X1153

ON CAMPUS THIRD PARTY CONCESSIONAIRES

JACKSON STABLES, INC.

(970) 586-3341 x1140 or x1149 7:15AM - 6:00PM



JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. **We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 230 pounds.**

RATES: (per person)

\$80 1 hour ride
 \$115 2 hour ride
 \$155 3 hour ride
 \$195 4 hour ride
 \$235 5 hour ride

YMCA Charges to Room may be accepted.

MONDAY

8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Glacier Basin
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. East Portal
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

WEDNESDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:20pm 2 hr. Moraine Park
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

FRIDAY

8:00am 2 hr. Moraine Park
 8:40am 3 hr. East Portal
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

SUNDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00 pm 1 hr. Glacier Basin

TUESDAY

7:40am 4 hr. Wind River
 8:00am 2 hr. Moraine Park
 8:40am 3 hr. Cub Canyon
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

THURSDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Mill Creek
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Beaver Meadows
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

SATURDAY

7:40am 5 hr. Bierstadt Lake
 8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Deer Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Cub Canyon
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin



Family hayrides with marshmallow roasts are offered during the week \$30 per person. Please call for dates and times.

HORSE RIDING TRAIL INFORMATION

PONY RIDES: The livery is proud to offer the "Minnie Mouse Pony Trail." Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: \$30.00 per child. Available times: Daily: 8:30am-11:30am/1:00-4:30pm.

DEER MEADOWS: A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first-time riders.

GLACIER BASIN: This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

MORAINE PARK: This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

EMERALD MOUNTAIN: This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

3-HOUR RIDE TO BEAVER MEADOWS, CUB CANYON, EAST PORTAL or MILL CREEK: A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide.

These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

4-HOUR RIDE TO WIND RIVER: This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wildflowers are abundant. There is a short rest break about halfway through the ride nestled along Wind River.

5-HOUR RIDE TO BIERSTADT LAKE: This ride makes a continuous loop beginning in the lower Mill Creek area, on the way to the summit of the Bierstadt Lake shores and returns through Glacier Basin. Expect fantastic views of Longs Peak and a variety of sceneries not seen from our other rides. (This ride is not designed for first time riders.)

HAYRIDES: Private and Open horse-drawn hayrides are available throughout the summer. Cost is \$30.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.