

ACTIVITY SCHEDULE

FRIDAY, JUNE 28– THURSDAY, JULY 4



YMCA OF THE ROCKIES- ESTES PARK CENTER



Children under the age of 13 must be accompanied by an adult at all times.

Some programs require advanced registration, click [here](#) or call x1104 to sign up.

PROGRAM FACILITY HOURS

	Fri, June 28	Sat, June 29	Sun, June 30	Mon, July 1	Tues, July 2	Wed, July 3	Thurs, July 4
SWEET MEMORIAL	Stop by to get a full schedule of activities, and plan out your fun! Check out our game room in the basement! Sign out board games, puzzles, disc golf equipment and more! Questions? Call us at x1104.						
	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-9PM	8AM-8PM
BOONE FAMILY MOUNTAIN CENTER 	Sign up for hikes, visit our nature center, or get info about our outdoor activities! Plus, find tons of information about hiking, both at the Y and in the National Park. Questions? Call x8402.						
	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM	8:30AM-5PM
DUNCAN FAMILY CLUBHOUSE AND BENBROOK COURTS	Check out sports equipment including volleyballs, kickballs, mini golf equipment, pickleball and tennis equipment and more. Located between mini golf and Benbrook Courts. Children 12 and younger must have an adult. Questions? Call x1134.						
	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	8AM-5:30PM	11:30AM-5:30PM
LULA W. DORSEY MUSEUM	Come by and learn about the history and creation of YMCA of the Rockies. Guided tours available, no registration required. Last admittance 30 minutes before closing. Questions? Call us at x1136.						
	9AM-5PM	9AM-5PM	12PM-4PM	9AM-5PM	10:30AM-5PM	9AM-5PM	12PM-5PM
MAUDE JELLISON LIBRARY	Grab a good book, cup of coffee, and get cozy. Questions? Call us at x1133.						
	9AM-7PM	9AM-7PM	1PM-5PM	9AM-7PM	9AM-7PM	9AM-7PM	1PM-5PM
MOOTZ FAMILY CRAFT & DESIGN CENTER 	Drop in crafts available everyday, prices and availability vary. Glazed ceramics and Glass fusion must be finished by 3:00pm to be ready for pick up at the next day. No new projects after 4:30PM, clean up at 4:45PM. Questions? Call us at x1132.						
	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM	9:30AM-5PM
DORSEY SWIMMING POOL	Maximum capacity limits may apply. Pool is closed during lightning storms. Pool will be cleared 5 minutes before closing time. Call x1135 for space availability and weather conditions. Towels provided. OPEN SWIM - Swim time for all, come to play or swim laps! Kids 12 and under must have an adult in the building at all times. Kids 7 and under must have an adult in the water. The water slide is open at the lifeguards' discretion.						
	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 9AM-11:30 12:30PM-2:45PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM	OPEN SWIM 12:30PM-5PM 6:30PM-8PM LAP SWIM 6:30AM-8:30AM 5PM-6:30PM
BOB ECKER ROLLER RINK	Roller skates provided. Roller blades are welcome, but not provided. Questions? Call x1104						
	5:30PM-7:30PM	5:30PM-8:00PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	5:30PM-9:30PM	7:30PM-9:30PM

ON PROPERTY SELF GUIDED WALKING TOUR

These informative strolls explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in! QR Codes are available in Sweet Memorial and the Museum.

[PUBLIC ART TOUR](#) | [WALK ABOUT THE Y HISTORY TOUR](#)

LOST?
CHECK OUT OUR
PROPERTY MAP



WANT TO HIKE?
CHECK OUT OUR
TRAIL MAP



At YMCA of the Rockies we are stewards of the Earth. Please do your part and recycle this Activity Guide. Click [here](#) or visit our website to learn more about our sustainability goals and practices.



FREE FAMILY PROGRAMS

Age Ranges Family Programs (all ages) † Little Learners (6 and under) * Young Adult+ (10 & up) ☀
Locations: Legett Youth Building (Legett YB) Sweet Memorial (Sweet)

No registration required.

PROGRAM DESCRIPTIONS

FRIDAY, JUNE 28

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM * Woolly Worm Hunt @ Sweet
10:30AM* Children's Story Time @ Library
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM † Bugs, Bugs, Bugs @ Sweet
1:30PM † Up, Up and Away @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Mineral Magic @ Sweet
4:30PM * Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Capture the Flag @ Sweet
9:30PM † Stargazing @ Legett YB

SATURDAY, JUNE 29

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM † Sidewalk Chalk @ Sweet
10:30AM* Children's Story Time @ Library
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM ☀ Navigation Games @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Fire Quest @ Sweet
2:30PM † Creek Stompin @ Dorsey Pond
2:45PM † Kickball @ Sweet
3:15PM † Tower Power @ Sweet
3:30PM † Backyard Black Bears @ Sweet
3:30PM * Jr. Survival @ Sweet
4:30PM * Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Ultimate Frisbee @ Sweet
9:30PM † Stargazing @ Legett YB

SUNDAY, JUNE 30

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM * Woolly Worm Hunt @ Sweet
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM † Up, Up and Away @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Fire Quest @ Sweet
2:15PM † Slime @ Sweet
2:30PM † Creek Stompin @ Dorsey Pond
2:45PM † Kickball @ Sweet
3:15PM † Tower Power @ Sweet
3:30PM * Critter Crafts @ Sweet
3:30PM † What About Wolves @ Sweet
4:30PM * Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Capture the Flag @ Sweet
9:30PM † Stargazing @ Legett YB

MONDAY, JULY 1

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM * Woolly Worm Hunt @ Sweet
10:30AM* Children's Story Time @ Library
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM † Up, Up and Away @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Fire Quest @ Sweet
2:15PM † Marshmallow Catapult @ Sweet
2:30PM † Creek Stompin @ Dorsey Pond
2:45PM † Kickball @ Sweet
3:15PM † Tower Power @ Sweet
3:30PM * Critter Crafts @ Sweet
3:30PM † What About Wolves @ Sweet
4:30PM * Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Capture the Flag @ Sweet
9:30PM † Stargazing @ Legett YB

TUESDAY, JULY 2

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM † Sidewalk Chalk @ Sweet
10:30AM* Children's Story Time @ Library
10:30AM ☀ Knots @ Sweet
11:45AM † Origami @ Sweet
12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
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3:30PM † Backyard Black Bears @ Sweet
3:30PM * Jr. Survival @ Sweet
4:30PM * Parachute Games @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Ultimate Frisbee @ Sweet
9:30PM † Stargazing @ Legett YB

WEDNESDAY, JULY 3

8:00AM * Little Explorers @ Sweet
8:45AM † Animal Detective @ Sweet
9:45AM † Floor Hockey @ Roller Rink
10:15AM † Woolly Worm Hunt @ Sweet
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5:45PM † 4 Square @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet
7:45PM † Capture the Flag @ Sweet
9:30PM † Stargazing @ Legett YB

THURSDAY, JULY 4

12:30PM ☀ Survival @ Sweet
1:00PM * Bugs, Bugs, Bugs @ Sweet
1:30PM ☀ Navigation Games @ Sweet
1:45PM † Bird is the Word @ Sweet
2:15PM † Fire Quest @ Sweet
2:15PM † Marshmallow Catapult @ Sweet
2:30PM † Creek Stompin @ Dorsey Pond
2:45PM † Kickball @ Sweet
3:15PM † Tower Power @ Sweet
3:30PM † Backyard Black Bears @ Sweet
4:30PM * Parachute Games @ Sweet
5:30PM ☀ Walk in the Woods @ Sweet
6:00PM † BINGO @ Sweet
7:00PM † Trivia @ Sweet

FAMILY FUN

ANIMAL DETECTIVE (1hr)

Learn about animals at the Y! We will observe tracks, scat, bones, and antlers, then use your skills to see what animal clues can be found outside.

BACKYARD BEARS (30min)

Discover the fascinating world of black bears and learn to live in harmony with these magnificent animals.

BIRD IS THE WORD (1hr)

Come learn about fall birds in our area and make your very own bird feeder.

CREEK STOMPIN (1hr)

Get your feet wet in this intro to our mountain lakes and streams. Learn what makes a healthy waterway, and the importance of keeping our water clean!

FIRE QUEST (1hr)

Fire can be a life-saving tool outdoors. Come learn how to use various methods to spark safe fires.

MINERAL MAGIC (1hr)

Elevate your décor with unique handmade rocks, adding a touch of elegance and intrigue to any space!

NAVIGATION GAMES (1hr)

Practice your navigation skills using your wits and a map!

PARACHUTE GAMES (30min)

Rise and fall with our big parachute as we play games on, under, and around the billowing parachute.

SURVIVAL (1.5hr)

Learn some important skills to help you stay safe in the wilderness.

TOWER POWER (1hr)

Unleash your inner engineer and build towering structures

WALK IN THE WOODS (1.5hr)

Take a leisurely hike around property to explore the trees, plants, and animals in our area!

WHAT ABOUT WOLVES(30min)

Learn about the effect of these large carnivores on their ecosystems.

LITTLE LEARNERS

FOR KIDS UNDER AGE 6:

BUGS, BUGS, BUGS (30 min)

Caterpillars, worms, beetles, butterflies, and more! Dig into what bugs look like, and what makes these crawly critters so cool!

LITTLE EXPLORERS (30 min)

Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills.

WOOLLY WORM HUNT (30 min)

Join our adventurous hunt for the mysterious woolly worms and learn about how animals use camouflage.

CRITTER CRAFT (1hr)

Craft an animal masks and then step into the shoes of their favorite Rocky Mountain creatures.



NIGHT WALK REGISTRATION REQUIRED EVERY NIGHT 8:30PM - 10:00PM

Experience the Ys night life, learn about nocturnal animals, and play night games! Short hike without flashlights, recommended ages 6+. Meets at Sweet Memorial, registration is required, call x1104.

ADVENTURE ACTIVITIES

Registration Required

Archery, Axe Throwing, Climbing \$12/person. Aerial Challenge Course \$45/person. Click [Here](#) or call x1104 to check availability. Refunds not given within 24 hours of a paid program, unless the cancellation is due to weather.

NEW! AERIAL CHALLENGE COURSE

Located at the Boone Family Mountain Center. Traverse from tree to tree, well above the forest floor on our new high ropes course. Each session begins with a 30 minute ground school that each participant must pass before entering the course. People with known heart conditions or who are pregnant may not participate. Participants must be between 35 and 250 pounds and meet the minimum height requirement of 4'9. Up to 10 people per session.

OUTDOOR ARCHERY

Located at the Main Archery Range. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6 and older, up to 12 people per session.

NELSEN FAMILY INDOOR CLIMBING WALL

Located at the Boone Family Mountain Center. The indoor climbing wall is modeled to look and feel like real rock! Climb to the top of the 25-foot wall, or stay low to the ground on the bouldering wall. Open to ages 5 and older, up to 8 people per session.

OUTDOOR AXE THROWING

Located at the Main Axe Throwing Range. Learn the basics of axe-throwing and have fun aiming for a bullseye! Open to ages 6 and older, up to 12 people per session.



CHAPEL ACTIVITIES

FRIDAY, JUNE 28

9:30AM - BIBLE STUDY

You were made for this moment. How the story of Esther inspires us to step up and stand out for God. Meet at Dannen Library.

7PM - FRIDAY NIGHT FAITH FILM

Join us in Hyde Chapel for a showing of *The Straight Story*.

SUNDAY, JUNE 30

10:00AM - WORSHIP IN THE ROCKIES

Worship with us in Hyde Chapel. Everyone is invited to join us for this great hour of worship!

7:00PM - SCRIPTURE REIMAGINED

Join us in Hyde Chapel for a performance by Theater for the Thirsty.

MONDAY, JULY 1

5:00PM - ADVENTURE MINISTRY ARCHERY

Meet at the Main Archery Range and join our staff for some Archery lessons, then enjoy a short devotion connecting biblical truths to the Archery experience. Limited to 15 participants, age 6 and older. To sign up, call X1104 or click [here](#).

TUESDAY, JULY 2

9:30AM - WORSHIP HIKE TO BIBLE POINT

Join us for a 2.5 mile hike to Bible Point where we will join in prayer and song. This is a strenuous hike and participants should wear good hiking shoes/boots, and bring water. Please meet at the gas firepit outside of Hyde Chapel.

WEDNESDAY, JULY 3

1PM - BIBLE STUDY

Don't give the enemy a seat at your table. It's time to win the battle of your mind. We need to recognize the thoughts that are not from God. A study written by Louie Giglio. Meet at Dannen Library.

5:00PM - ADVENTURE MINISTRY ARCHERY

Meet at the Main Archery Range and join our staff for some Archery lessons, then enjoy a short devotion connecting biblical truths to the Archery experience. Limited to 15 participants, age 6 and older. To sign up, call X1104 or click [here](#).

6:30PM - VESPERS COMMUNION SERVICE

Join us in Dannen Chapel for our communion service.

7:30PM - CAMPFIRE WORSHIP SING-A-LONG

Join us at the gas firepit outside of Hyde Chapel to worship and sing.

ADDITIONAL CHAPEL PROGRAMS

INTERACTIVE PRAYER TRAIL

Located behind the Leggett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession.

LABYRINTH

Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum.

BIBLE POINT TRAIL

Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. Pick up a map in the Mountain Center.

24/7 PRAYER DANNEN CHAPEL

Entrance located on the outside north-east corner of Hyde Chapel, open 24/7 for your prayer needs.

BEATITUDE STUDY TRAIL

Enjoy a 1 mile hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." Trailhead is located at Dorsey Lake

STORY WALK

Enjoy a children's book on a short walk equipped with reading stations. Begins on the walking path by the Hyde Chapel fire pit.

LAWN GAMES

Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you wish!



ROCKY MOUNTAIN NATIONAL PARK

970-586-1206

Do you have questions about timed entry permits, road conditions, construction, or entrance fees? Click [here](#) to visit the Rocky Mountain National Park website, or call 970.586.1206 to speak to the information office.

SUSTAINABILITY AT THE Y

How many sustainability icons can you find in the Activity Guide? Bring your answer to Sweet Memorial for a prize!

At YMCA of the Rockies, we are committed to an emissions reduction goal that aims to cut our greenhouse gas emissions by a minimum of 50% by 2050.

Objectives included in the plan address 8 sustainability sectors. Learn about a few below, check out our website to learn about the other sectors and more about our sustainability practices and goals.

REDUCING EMISSIONS



WASTE: Expand recycling, divert food waste from the landfill and reduce overall waste generation.

REDUCING LOCAL IMPACT



WATER: Maximize water efficiency and water quality of local streams.



RESILIENCE AND LAND MANAGEMENT: Increase resilience and fire preparedness through sustainable land stewardship practices.

ENGAGING VISITORS



EDUCATION AND ENGAGEMENT: Engage guests in campus sustainability opportunities and education, and continuously share our story with guests and visitors.

Click [here](#) to register and find more course descriptions. Call 970-586-3341x1104 for more information.

CRAFT CLASSES

Registration required

Registration Required, Click [Here](#) or call x1104 to register. Refunds not given within 24 hours of a paid program. All classes meet at the Mootz Family Craft and Design Center.

FRIDAY, JUNE 28

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

SATURDAY, JUNE 29

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 10:00AM Galaxy Painting
- 1:00PM Custom Earrings
- 1:00PM Rubber Block Printing
- 1:00PM Galaxy Painting
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

SUNDAY, JUNE 30

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 1:00PM Cyanotype Sun Prints
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

MONDAY, JULY 1

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 1:00PM Rubber Block Printing
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

TUESDAY, JULY 2

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

WEDNESDAY, JULY 3

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 1:00PM Cyanotype Sun Prints
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

THURSDAY, JULY 4

- 10:00AM Elastic Bracelets or Necklaces
- 10:00AM Leather Boot Charms
- 1:00PM Custom Earrings
- 2:30PM Custom Bracelet
- 3:30PM Custom Necklace

CRAFT CLASS DESCRIPTIONS

BEGINNER CLASSES

ELASTIC BRACELET OR NECKLACE \$10

String beads onto elastic cord for one necklace or two bracelets. Designed for ages 4 and up.

INTERMEDIATE CLASSES

FOR CRAFTERS OVER AGE 10: LEATHER BOOT CHARM \$10

Make one custom tooled pair of full grain leather boot charms.

CUSTOM JEWELRY \$15-\$20

Learn the basic jewelry making techniques to create a custom pair of earrings, bracelet or necklace

CYANOTYPE SUN PRINT \$20

Make a bandana or paper prints using sunlight and objects in a timeless printmaking technique.

INTERMEDIATE PLUS CLASSES

FOR CRAFTERS OVER AGE 13: RUBBER BLOCK PRINTING

Carve your design onto rubber blocks, print it onto paper or fabric, and bring your design to life.

SPECIAL EVENTS

FRIDAY JUNE 28

1PM - PROSPECTIVE STAFF TOURS

Are you interested in joining our team? See what we are all about and take a tour of campus. No registration required. Meet at the Gaylord Programming Building.

SUNDAY JUNE 30

6PM - LINE DANCING

Join Line Dancing Expert Jan Tenzer in this classic, boot-stomping activity for all ages. Meet at Jellison Youth Building. Closed-toed shoes preferred.

WEDNESDAY JULY 3

2PM-4PM OURAY CABIN OPEN HOUSE

Cabins at YMCA of the Rockies are donated by amazing people just like you. Visit this week's Cabin Open House to learn how the program works.

Everyone is welcome! Contact Andrea Sherman at asherman@ymcarockies.org for more information or to schedule a private tour.

HIKE WITH A RANGER REGISTRATION REQUIRED 10AM SUNDAY

Family friendly discovery hike into Rocky Mountain National Park with a ranger. Come drop by the Boone Family Mountain Center! Call x1104 or click [here](#) to register.

ARTISTS IN RESIDENCE



NATIONAL REPERTORY ORCHESTRA ALUMNI STRING QUARTET

The National Repertory Orchestra provides life-changing experiences to aspiring professional musicians, preparing them to shape the future of classical music. The Alumni String Quartet features Julius Adams on viola, Sarah Elert on violin, Jessamyn Fry on Cello & Luis Angel Salazar on Violin.

FRIDAY, JUNE 28

7PM - PONDER CHAPEL

Join us for a formal performance by the Alumni String Quartet.

STEPHANIE BAYLIFF VISUAL ARTIST

Stephanie Bayliff is a visual artist from Mulvane, Kansas working in a wide range of mediums from paint and collage to mixed media and fiber art. Stephanie is passionate about promoting arts and culture in all forms and is an active member of Wichita Women Artists, Kansas Art Guild and more!



MONDAY, JULY 1

10AM - MOOTZ FAMILY CRAFT AND DESIGN CENTER

Drop by and help with a community tapestry weaving project and bracelet making.

TUESDAY, JULY 2

10:30AM - MAUDE JELLISON LIBRARY

Stop by for a one of a kind story time accompaniment.

LIVE MUSIC PERFORMANCES

SUNDAY, JUNE 30

HARP RECITAL AND STORYTIME

3PM - MAUDE JELLISON LIBRARY

Enjoy a lovely Sunday afternoon solo harp concert at the library. A short story time accompanied by harp will be included for all ages to enjoy.

WEDNESDAY, JULY 3

COWBOY BRAD SING-A-LONG

7PM - KATHIE MENNEL AMPATHEATER

Join local singer/songwriter/guitarist Cowboy Brad at the Kathie Mennel Outdoor Amphitheater by the Mountain Center for songs and fun for the family! Please call Sweet Memorial (x1104) in case of inclement weather.



BIRD BANDING

MEET AT THE BIRD BLIND

FRI - 9AM & MON, WED - 4PM-6PM

Watch Scott Rashid, licensed bird bander, "net" different species of birds that come to Colorado in the summer. Drop in anytime. Bird Banding site near the corner of Mineral Rd and Association Drive.

CAN YOU FIND THE GOLDEN NUGGETS?

Follow our hiking trails around the YMCA and keep a look out for the golden nuggets. These shiny, golden rocks will be hiding all around the property. Check out the Glacier Creek and Wind River trails. If you collect one, turn in at the Boone Family Mountain Center for a special prize! One prize per person.

Click [here](#) to register and find more hike descriptions. Call 970x1104 for more information.

CAMPFIRE OPPORTUNITIES

SMORES KIT

AVAILABLE AT SWEET MEMORIAL

Ready for a classic camp treat? Stop by Sweet Memorial to pick up a smores kit. Includes graham crackers, marshmallows, chocolate and roasting stick. \$6, Serves 4.

COMMUNITY FIRE

FRI, SUN, MON, WED

7:45PM-9:45PM

Come join a free community campfire at the Main Fire Ring outside of the Administration Building. Feel free to bring your own s'mores supplies.

COOKOUT AND CAMPFIRE

TUESDAYS - 5:30PM-8PM

RESERVATION REQUIRED - LIMITED AVAILABILITY

Meet at Upper Cookout at 5:30 PM to enjoy a delicious dinner grilled up by our Food Service team. At 6:30 PM, we will begin a family-friendly campfire program with songs, skits, and games! Come for the food, stay for the fun! Adults (13+) \$25/person; Children (2-12) \$16.50/person. Click [here](#) or call x1104 to register.

FIRE RING RENTAL

RESERVATION REQUIRED

Reserve one of our six fire rings located throughout property. Available every day from 5:30-7:30 or 7:45-9:45 for \$30. Rental includes 2 bundles of firewood, fire starter and matches. Pick up materials from Sweet.

MINDFUL MOVEMENT

SATURDAY, JUNE 28

MOVEMENT AT THE MUSEUM

9:30AM - DORSEY MUSEUM

Join us as a certified Pilates instructor guides you through lengthening and strengthening exercises as you breathe and behold nature on the Museum lawn. You will be led through a fusion of Pilates and yoga movements. All levels are welcome. Modifications will be offered. Please bring water.

SATURDAY, JUNE 29

VINYASA FLOW YOGA

9AM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click [here](#) or call x1104.

MONDAY, JULY 1

ZUMBA

9AM - OUTDOOR BASKETBALL COURTS

Join Kelly Mann for a full body dance work out. Zumba encourages cardio through dance. Have fun outside moving with the mountains as a backdrop. No registration necessary. Meet on the Basketball Courts outside of the Admin Building.

TENNIS LESSONS

9AM - LITTLE LOBBERS - OUTDOOR TENNIS COURTS

This is a parent - child clinic for children 4 - 6 year old, to better develop the child's basic hand and eye coordination, athletic skills along with tennis. Movement, balance, and proper techniques will be taught by using fun games. Registration required. Parents must accompany children.

10AM - NEW TO TENNIS - OUTDOOR TENNIS COURTS

Parent - child tennis clinic for children 7 - 17 years old. You will learn and play games while getting a better understanding of proper stroke technique. Registration required. Parents must accompany children. .

11AM - LETS PLAY - OUTDOOR TENNIS COURTS

This session is for intermediate to advanced juniors that play in USTA Sanctioned Tournaments, or are on middle or high school tennis teams, or compete in Junior Team Tennis. Fun games, drills and match play are the essence of this session. Registration required.

TUESDAY, JULY 2

VINYASA FLOW YOGA

5:30PM - LEGETT YOUTH BUILDING

Join Instructor Laura Collins for an all-levels integral yoga class with a vinyasa flair. Class focuses on beginners with more advanced postures suggested for those who are able. Each class ends in a deep relaxation. Mats available. Registration required, click [here](#) or call x1104.

MAUDE JELLISON LIBRARY PROGRAMS

MONDAY JULY 1

7PM - POEMSHARE: OPEN MIC

Come share your favorite poem or song with everyone and enjoy their presentations as well. The library has guitars you may use if needed. Come and perform or just come and listen. Everyone is welcome. Please keep presentations under 4 minutes long.

DORSEY MUSEUM PROGRAMS

The Lula W. Dorsey Museum is housed in a guest lodge originally built in 1924. Come celebrate the 100th anniversary of the this special space!

SATURDAY, JUNE 29

10AM - ARCHAEOLOGY WALK

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click [here](#) or call x1104.

MONDAY, JULY 1

1PM - HANNAH GOES WEST

Join us for an interactive storytime at the museum to learn about Hannah and her family as they traveled West.

TUESDAY, JULY 2

8:30AM - BREAKFAST AT THE MUSEUM

Come learn about exciting new projects, share in fellowship and have your questions answered by Julie Watkins, President/CEO; Shannon Jones, Estes Park Center General Manager, and additional members of the Association Leadership Team. Free breakfast included with the presentation.

2:30PM - DOLL MAKING

Create your own doll and learn how young girls in the 1880's made dolls prior to modern technology. Registration required, click [here](#) or call x1104.

WEDNESDAY, JULY 3

10AM - PLAYTIME AT THE MUSEUM

Venture into the past as museum artifacts and history inspire you through movement and play on the Museum lawn. An instructor will guide you through moves, poses and postures that will lighten your spirit and invigorate your mind. We then welcome you to take a tour of the museum and learn all about the fascinating history of the YMCA of the Rockies! Ages 5+ recommended. No registration required.

1PM - STAFF ALUMNI GATHERING

Drop by the museum to meet other staff alumni. Share stories and reminisce about your time as a staff member at YMCA of the Rockies. You'll also have an opportunity to find yourself in our annual staff photos too. Registration not required.

THURSDAY, JULY 4

1PM - PRESIDENT TEDDY ROOSEVELT

Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Includes Q&A time with Teddy. Bully, Bully!

1PM - ARCHAEOLOGY WALK

This mile long hike will take you to an excavated rock shelter on property and provides an opportunity to learn about the early people who lived in the region. Please bring your own water and comfortable hiking shoes. Registration required, click [here](#) or call x1104.



OUTDOOR CLIMBING WALL

REGISTRATION REQUIRED

SATURDAY & SUNDAY MORNINGS

Located at the Boone Family Mountain Center. Experience the thrill and challenge of scaling our 25-foot outdoor climbing wall tower. This activity is geared towards climbers with beginner to intermediate abilities. Open to ages 5 and older, up to 8 people per session, \$12 per person. Call x1104 or click [here](#) to register and inquire about availability.

Click [here](#) to register and find more hike descriptions. Call x1104 for more information.

GUIDED HIKING

Registration required

Requires sign up: Call the Boone Family Mountain Center at x1311 or click [here](#) to register. Hikes are free for YMCA of the Rockies guests and members. No call, no shows will incur a \$5 per person charge. Call x1311 to cancel your reservation, at least 24 hours in advance.

It is imperative that all hikers check in with the hiking desk no later than 5pm the day before the hike. Check in can be done in person or over the phone. Please bring your Y lodge room number or cabin name at that time. A variety of circumstances may change the schedule of any hike. All equipment will be provided for guided hikes requiring specialized snow equipment, such as snowshoes or microspikes. Please dress in layers and be prepared for snow and cold temperatures, especially for hikes higher than 8500' in elevation.

Hike Difficulty: A=Most Difficult B=Very Demanding C=Demanding D=Strenuous
E=Moderate Plus F=Moderate G=Easy H=Easiest

Prerequisites: To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (Hikemaster-led) hike of no more than two grades lower within two weeks before the hike. A "C" hike is the prerequisite for an "A" hike (A hikes may require additional hiker scrutiny due to the high level of physical demand); a "D" hike is the prerequisite for a "B" hike, etc.

	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
FRIDAY, JUNE 28						
5:00 AM – 3:00 PM	Mount Lady Washington	11.6	3880'	B	C	Braden W. & Bill B.
<i>Hike the marvelous, historic route from the Longs Peak trailhead. Take the alluring Longs Peak trail to Chasm Junction, at the base of Mount Lady Washington</i>						
6:30 AM – 12:30 PM	Bridal Veil Falls	6.6	950'	F	E	Megan N.
<i>Enjoy a blissful hike past historic McGraw Ranch and through mountain meadows to the rocky grotto in Cow Creek canyon.</i>						
7:00 AM – 3:30 PM	Peacock Pool and Chasm Lake	8.0	1900'	D	C	Steve J.
<i>This is an epic hike up the east Longs Peak trail past Jim's Grove to "Chasm Junction," then steeply down a short boulder scramble below Columbine Falls to Peacock Pool.</i>						
7:15 AM – 3:15 PM	Odessa Fern Loop	9.8	1200'	E	E	Karen A.
<i>We will start at Bear Lake, climb moderately around the side of Flattop, then drop into the stunning Odessa Gorge. It's all downhill after that!</i>						
8:30 AM – 2:30 PM	Ute Trail West	4.3	-1135'	G	F	Larry S. & Harvey H.
<i>This is a beautiful nature walk down tundra slopes through massive displays of alpine wildflowers, krumholtz and willows. TRANSPORTATION PROVIDED VIA YMCA MINI BUS</i>						
1:00 PM – 3:00 PM	Wind River Loop	2.0	200'	G	F	Charlotte M.
<i>Starting at the Mountain Center, following in the footsteps of Native Americans along the babbling Wind River.</i>						
2:00 PM – 5:00 PM	Dream Lake	2.2	425'	G	F	Tammy F.
<i>Enjoy a gentle climb on trail past Nymph Lake to a rocky, trout-filled lake in Tyndall Gorge. This scenic RMNP trail is a good choice for families!</i>						
SATURDAY, JUNE 29						
7:00 AM – 3:30 PM	Ouzel Lake	10.0	2100'	E	F	Harvey H.
<i>We will follow the Wild Basin trail along the N. St. Vrain and Cony Creeks, through a 1978 wildfire burn area to a quiet woodland lake.</i>						
7:30 AM – 1:00 PM	Bear Lake to Hollowell Park	4.4	400'	F	E	Dave F.
<i>Enjoy a pleasant hike from Bear Lake to Hollowell Park. Hike through a mixed, subalpine forest over Bierstadt Moraine.</i>						
8:00 AM – 11:30 AM	Historic Jack Moomaw Trail	2.5	800'	F	E	Pete P. & Tom D.
<i>Bushwhack up a mile of the historic Jack Moomaw, then back along Hidden Valley creek.</i>						
1:00 PM – 3:30 PM	Glacier Creek Loop	2.5	300'	G	F	Camryn H.
<i>Hike to where the murmurs of the forest mingle with the gentle rush of flowing waters on a mesmerizing hike through the Montane Forest's riparian ecosystem.</i>						
7:00 PM – 10:30 PM	Sunset on Sundance	1.0	450'	F	E	Bill B.
<i>Awesome sunset views from the prominent alpine peak on Trail Ridge. Bring warm clothes -- it can be cold at night on the "Roof" of the continental US!</i>						
SUNDAY, JUNE 30						
7:00 AM – 2:30 PM	Grace Falls	7.0	1600'	E	E	Larry S.
<i>Explore the head of Odessa Gorge, below Lake Helene, and find the base of Grace Falls, the waterfall flowing down the rock slabs from the snowfields of Ptarmigan Glacier.</i>						
7:30 AM – 1:00 PM	Tombstone Ridge	4.0	300'	F	E	Karen A.
<i>Walk in the steps of the Native Americans who followed the game over the ancient Ute Trail across the Continental Divide</i>						
7:45 AM – 12:45 PM	Lake Haiyaha	4.0	750'	F	F	Dave F.
<i>Enjoy a relaxed hike to the alpine lake, guarded by huge boulders and an 800 year-old limber pine. "Haiyaha" is an indigenous word meaning 'rock.'</i>						
8:30 AM – 11:30 AM	Alberta Falls	1.8	250'	G	F	Harvey H.
<i>Follow this well-maintained trail through beautiful aspens and lodge poles to the majestic waterfall that appears in the logo for Coors Brewing Company.</i>						
1:00 PM – 3:00 PM	Wind River Loop	2.0	200'	G	F	Zion T.
<i>Starting at the Mountain Center, following in the footsteps of Native Americans along the babbling Wind River.</i>						

ACCESSIBLE TRAIL - ENGER FAMILY NATURE TRAIL

The Enger Family Nature Trail is built for all ages, with accessibility in mind. The trail starts at the Boone Family Mountain Center and makes a pet-friendly loop through the forest. Learn about the ecosystem, culture and history of the area through interpretive panels.

	HIKE	MILES RT	ELEVATION GAIN	GRADE	TERRAIN	HIKEMASTER
MONDAY, JULY 1						
6:30 AM – 4:00 PM	Lawn Lake	12.6	2530'	D	F	Bill B.
<i>Enjoy hiking this great trail through forests & along the Roaring River to a sandy, alpine lake at the base of Mummy Mountain.</i>						
7:00 AM – 3:00 PM	Spruce Lake	9.0	2000'	E	E	Braden W.
<i>Trail almost to Fern Lake then to Spruce Lake, below The Gables & Castle Rock.</i>						
7:30 AM – 11:30 AM	Calyпсо Cascades	3.6	670'	G	F	Pat N.
<i>Nature walk through lush woods along the North Saint Vrain river to the cascades of Cony Creek tumbling down from Pear Lake.</i>						
8:30 AM – 1:30 PM	Wigwam Tearoom	4.5	950'	F	F	Noah E.
<i>Follow along a gentle trail along Aspen Brook the historic Wigwam Tea House, site of the first female Estes Valley homesteader.</i>						
1:00 PM – 4:30 PM	Bible Point	3.5	900'	F	F	Jacob M.
<i>We will start by hiking along the frolicking Glacier Creek, then head up Bible Point, originally called "Buena Vista," which provides great views into Rocky Mountain National Park.</i>						
TUESDAY, JULY 2						
5:30 AM – 4:30 PM	Thatchtop Mountain	8.6	3600'	C	B	Noah E. & Tom D.
<i>Exciting loop hike over 12668' Thatchtop Mountain. Ascend via the "S couloir" and long tundra slope overlooking Mills Lake to the centrally-located summit</i>						
7:00 AM – 2:30 PM	Finch Lake Circuit	6.4	2200'	E	D	Megan B.
<i>Enjoy a hike along the Finch Lake trailhead and return via the fisherman's trail from Finch Lake down Cony Creek to Calypso Cascades.</i>						
7:15 AM – 2:45 PM	The Craggs	7.4	2250'	E	E	Wendy M.
<i>Enjoy this spectacular, 11686' lake nestled in the shear-walled cirque carved into the south face of Pagoda Peak</i>						
7:30 AM – 1:00 PM	Mills Lake	5.2	850'	F	F	Megan B. & Harvey H.
<i>Trail past Alberta Falls to a lake below Thatchtop Mtn & craggy Glacier Gorge.</i>						
8:30 AM – 2:30 PM	West Creek Falls	5.0	1500'	F	E	Tammy F.
<i>Hike through a rarely visited part of the Park through lush woods to the pooling West Creek Waterfalls. Please note: this hike has a steep uphill in both directions.</i>						
9:00AM – 12:00 PM	Moraine Park Loop	3.3	400'	G	F	Bill B. & Clare K.
<i>Hike from the Y into Rocky Mountain National Park and through a glacially carved valley with great views of the continental divide.</i>						
9:00AM – 12:00 PM	Orienteering Class					Dave F.
<i>Join HikeMaster Dave for a fun filled morning finding your way around one of the Y's Challenger courses using a map and compass. All materials and instruction provided</i>						
1:00 PM – 4:30 PM	Summit Loop	4.5	850'	F	F	Zion T
<i>Embark on a captivating journey tracing the winding trails that gracefully snake along the eastern perimeter of the Y</i>						
WEDNESDAY, JULY 3						
5:00 AM – 4:00 PM	Keplinger Lakes	14.4	3400'	C	D	Megan B. & Dave M.
<i>Enjoy this spectacular, 11686' lake nestled in the shear-walled cirque carved into the south face of Pagoda Peak</i>						
7:00 AM – 2:00 PM	Twin Sisters	7.6	2700'	E	E	Megan N.
<i>From the trailhead above Lily Lake, take 37 switchbacks across the landslide caused by the Flood of 2013 to the aerie summit directly opposite Longs Peak.</i>						
7:30 AM – 1:30 PM	Ouzel Falls	5.5	900'	F	F	Larry S.
<i>Follow a forested trail up the North St Vrain River past Copeland Falls, Calypso Cascades and the 1978 fire area to feel the spray from the broad, impressive Ouzel Falls.</i>						
8:00 AM – 11:00 AM	Wildflower Walk					Ginny K.
<i>Join one of our naturalists for an excursion to find and identify Rocky Mountain Wildflowers.</i>						
8:00 AM – 2:00 PM	Lake Helene	6.4	1200'	F	F	Noah E.
<i>Enjoy taking this forested trail around the north face of Flattop Mountain to a shallow lake below Notchtop Mountain. TRANSPORTATION PROVIDED BY YMCA MINI BUS.</i>						
8:00 AM – 12:30 PM	Sprague Lake via Mountainside Dr.	4.0	200'	G	F	Emma W. & Bill B.
<i>Beginning from Mountain Side Drive on the YMCA, follow this cascading stream to near Glacier Basin Campground & onto Sprague Lake.</i>						
1:00 PM – 3:30 PM	Glacier Creek Loop	2.5	300'	G	F	Jens J.
<i>Hike to where the murmurs of the forest mingle with the gentle rush of flowing waters on a mesmerizing hike through the Montane Forest's riparian ecosystem.</i>						
THURSDAY, JULY 4						
5:00 AM – 4:30 PM	Arrowhead Lake	13.0	3120'	C	C	Larry S.
<i>This alpine lake hike involves high-altitude hiking with considerable elevation gain. We will climb about 1,750 feet, and then drop 1,370 feet to Arrowhead Lake .</i>						
8:00 AM – 12:30 PM	Horseshoe Park History Hike	4.0	400'	G	F	Larry S.
<i>Enjoy this nature and history hike as you learn about the old CCC Camp that helped build Rocky Mountain National Park into what it is today!</i>						
1:00 PM – 3:00 PM	Wind River Loop	2.0	200'	G	F	Charlotte M.
<i>Starting at the Mountain Center, following in the footsteps of Native Americans along the babbling Wind River.</i>						
6:00 PM – 11:00 PM	Gem Lake Fireworks Hike	2.0	500'	F	F	Megan B. & Noah E
<i>Join us on a short hike to an overlook with great views of Lake Estes to view the 4th of July firework display.</i>						

Click [here](#) to register and find more hike descriptions. Call 970.586.3341x1104 for more information.

“AMERICAN HEROES”

4TH OF JULY

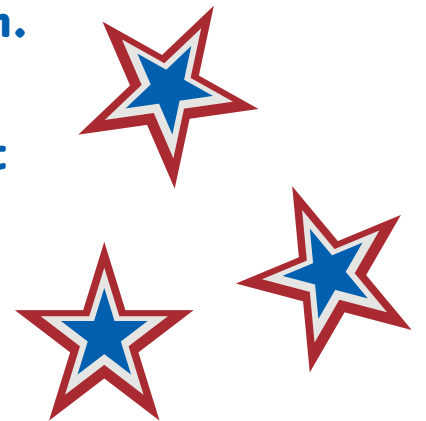
PARADE

July 4, 10AM
Admin Promenade



Celebrate Independence Day with us as we honor the extraordinary individuals and characters who have shaped and inspired our nation. Our annual 4th of July Parade is a beloved tradition, and this year’s theme, “American Heroes,” pays tribute to both real-life heroes and beloved fictional characters who embody the spirit of heroism.

Parade Route: The parade will start at Sweet Memorial and will end at Hyde Chapel.



ON CAMPUS THIRD PARTY CONCESSIONAIRES



IN ROOM MASSAGE THERAPY

WWW.HOMEGROWN.YOGA.COM

(720) 218-1953 - TEXT!



Homegrown Yoga & Massage offers state-of-the-art therapeutic massage in the convenience of your lodge room or cabin. Simply designate a private space in a cabin or your lodge room. The licensed massage therapist will bring everything - music, massage table, linens, aromatherapy, hot stones, and more - to create a relaxing spa environment..

Hours of operation:

Open daily 9-5. Some evenings available.

To schedule your appointment:

Text: (720) 218-1953 - texting is the most reliable and quickest way!

Email: laura@homegrownyoga.com

Please let me know 1) your full name, 2) the number and length of massage(s) you'd like, 3) ideal day/time you'd like 4) the dates you are in Estes. Providing this information will expedite scheduling

Payment:

All forms of payment accepted. Pay at time of service. Cash and room charge preferred, credit cards fine. No insurance reimbursement, venmo or paypal.

Yoga Classes:

Private individual and group classes available. See Homegrown's website for details.

Services and Prices:

Mobile Massage Only Summer 2024

30 Min.	\$85	Perfect for achy feet or a great neck and back massage. (Only available with two or more massages)
60 Min.	\$130	Perfect for full body massage focusing on relaxation and health promotion
90 Min.	\$180	Allows additional time to focus on a certain pain issue
120 Min.	\$225	Allows time for multiple modalities and an in-depth full body massage

No Time Add Ons:

Complementary Aromatherapy
Deep Tissue: Included

Hot Stone: \$20

Body Brushing: \$20

(You take brush home)

*48 HOUR CANCELLATION POLICY OR FULL CHARGE

CONTACT HOMEGROWN YOGA AND MASSAGE DIRECTLY TO BOOK - (720) 218-1953 - TEXT IS BEST



FLY FISHING ADVENTURES

SASQUATCH FLY FISHING ADVENTURES

(970) 586-3341 x1153 8AM - 4PM

All inclusive fly fishing trips available everyday. Private trips available everyday, call to book. Trips include all gear and flies, one day licenses or day pass may be required. Equipment available to rent for independent use.

Things to Know for Your Trip

- Trips are all inclusive - **All gear and flies included at no extra cost!**
You must have someone sign up for our trips (email, call or stop by our desk - located inside the Boone Family Mountain Center).
- AGE MINIMUM: Must be at least 12 years old to attend a fly-fishing outing.
EXCEPTION: **Family Fun Trips are open to ALL ages!** Ages 12+ will fly fish while ages 11 and under will spin fish.
- Most trips have a minimum (2 people) and a maximum (varies) number of participants. 1 person trips will go out for an extra fee or be combined with other trips.
- What to bring: extra clothing, raingear, sunscreen, polarized sunglasses, tip for the guide; as needed - fishing license, water, snacks, possibly lunch / dinner (see desk).

Trip Rates

- Fly Fishing The YMCA: \$50.00 (no license needed)
- ½ Day Trips: \$75.00
- ¾ Day Trips: \$95.00
- All Day Hike: \$125.00
- Family Fun Trip: 11 & under \$38.00 / 12+ \$58.00
- Family Fun Cookout: 11 & under \$43.00 / 12+ \$63.00
- Belly Boat: Drive To \$110.00 / Backcountry \$145.00
- Fish n' Golf: \$120.00 (all-inclusive*)

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Fly Fishing the YMCA 1:30 - 3:45	1/2 Day Fly Fishing 7:45am - 12:30pm	1/2 Day Fly Fishing 7:45am - 12:30pm 1/2 Day Evening Experience Cookout! 4pm - 9pm	3/4 Trip to the National Park 7:00am - 2:30pm Backcountry Belly Boating Trip 6:45am - 3:00pm Fly Fishing YMCA 1:30 - 3:45	3/4 Trip to the National Park 7:00am - 2:30pm	All Day Hike n Fish 6:30am - 5:30pm (amazing fishing!) 3/4 Trip to the National Park 7:00am - 2:30pm	HAPPY 4TH OF JULY!
Family Fun Trip 8am - 12pm	Fly Fishing the YMCA 1:30 - 3:45	Fly Fishing the YMCA 1:30 - 3:45	Family Fun Trip 8am - 12pm	Family Fun Trip 8am - 12pm	Family Fun Trip 8am - 12pm	1/2 Day Fly Fishing 7:45am - 12:30pm
Evening 1/2 Day 4:30pm - 9:00pm	Evening 1/2 Day 4:30pm - 9:00pm		Family Fun Cookout 4:30pm - 8:30pm	Evening 1/2 Day 4:30pm - 9:00pm	Family Fun Cookout 4:30pm - 8:30pm	

CONTACT SASQUATCH FLY FISHING DIRECTLY TO BOOK - (970) 586-3341 X1153

ON CAMPUS THIRD PARTY CONCESSIONAIRES

JACKSON STABLES, INC.

(970) 586-3341 x1140 or x1149 7:15AM - 6:00PM



JACKSON STABLES, INC., YMCA of the Rockies Livery, is authorized by the National Park Service, Department of the Interior to serve the public in Rocky Mountain National Park. All the horseback rides are guided trail rides into RMNP, and on YMCA property. Reservations are recommended - call ext. 1140 or 1149 during office hours ONLY. Below you will find a brief description of the rides we offer. **We REQUIRE children age 6 and up to ride their own horse and the weight limit for an individual is 230 pounds.**

RATES: (per person)

\$80 1 hour ride
 \$115 2 hour ride
 \$155 3 hour ride
 \$195 4 hour ride
 \$235 5 hour ride

YMCA Charges to Room may be accepted.

MONDAY

8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Glacier Basin
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. East Portal
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

WEDNESDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:20pm 2 hr. Moraine Park
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

FRIDAY

8:00am 2 hr. Moraine Park
 8:40am 3 hr. East Portal
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 1 hr. Deer Meadows
 2:00pm 1 hr. Glacier Basin
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Deer Meadows

SUNDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Beaver Meadows
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

TUESDAY

7:40am 4 hr. Wind River
 8:00am 2 hr. Moraine Park
 8:40am 3 hr. Cub Canyon
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Mill Creek
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

THURSDAY

8:00am 2 hr. Emerald Mountain
 8:40am 3 hr. Mill Creek
 9:00am 1 hr. Deer Meadows
 10:30am 1 hr. Glacier Basin
 1:00pm 2 hr. Moraine Park
 1:40pm 3 hr. Beaver Meadows
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin

SATURDAY

7:40am 5 hr. Bierstadt Lake
 8:00am 2 hr. Moraine Park
 8:20am 2 hr. Moraine Park
 8:40am 1 hr. Deer Meadows
 9:00am 1 hr. Glacier Basin
 10:30am 1 hr. Deer Meadows
 1:00pm 2 hr. Emerald Mountain
 1:40pm 3 hr. Cub Canyon
 2:00pm 1 hr. Deer Meadows
 3:30pm 2 hr. Moraine Park
 4:00pm 1 hr. Glacier Basin



Family hayrides with marshmallow roasts are offered during the week \$30 per person. Please call for dates and times.

HORSE RIDING TRAIL INFORMATION

PONY RIDES: The livery is proud to offer the "Minnie Mouse Pony Trail." Reservations are recommended and are for children 5 years old and younger. There is a 50 lb. weight limit for the ponies. Sign up by phone or in the Livery Office. Cost: \$30.00 per child. Available times: Daily: 8:30am-11:30am/1:00-4:30pm.

DEER MEADOWS: A 1-hour trail ride that follows Glacier Creek to the Wind River area. We consider this a beginner level ride, appropriate for children and first-time riders.

GLACIER BASIN: This 1-hour trail ride heads west along mildly steep terrain, up Glacier Basin. This ride does some climbing, while looking down on Glacier Creek and a small waterfall. The ride offers spectacular views of the Front Range, including Longs Peak, at the top. This trail is appropriate for riders of all ages.

MORAINES PARK: This 2-hour family ride, our most popular, takes you across bridges over Glacier Creek and the Big Thompson River into Moraine Park—a glacial moraine full of wildflowers and grand views of the Continental Divide. Wildlife is almost always a certainty to be observed and makes this even a more pleasurable ride.

EMERALD MOUNTAIN: This 2-hour loop begins on the Glacier Basin Trail and takes you through beautiful aspens while leading you around Emerald Mountain. The trail travels past the East Portal of the Adams Tunnel before returning along the Aspenbrook Trail. This ride includes many terrains and a variety of views.

3-HOUR RIDE TO BEAVER MEADOWS, CUB CANYON, EAST PORTAL or MILL CREEK: A true horseback riding experience! These rides take you deeper into the aesthetic and scenic values offered in RMNP, each providing a different view of forests, meadows, wildflowers, rivers and the Continental Divide. These rides offer a better opportunity to spot the many varieties of wildlife, and a short rest break is provided about half-way through. These longer rides are designed to include some trotting, but it is not guaranteed.

4-HOUR RIDE TO WIND RIVER: This trip takes you climbing west along Glacier Basin, then heads south along Wind River where the wildflowers are abundant. There is a short rest break about halfway through the ride nestled along Wind River.

5-HOUR RIDE TO BIERSTADT LAKE: This ride makes a continuous loop beginning in the lower Mill Creek area, on the way to the summit of the Bierstadt Lake shores and returns through Glacier Basin. Expect fantastic views of Longs Peak and a variety of sceneries not seen from our other rides. (This ride is not designed for first time riders.)

HAYRIDES: Private and Open horse-drawn hayrides are available throughout the summer. Cost is \$30.00 per person. Kids 3 years old and under are free. Each hayride lasts approximately 1½ hours and includes a campfire and marshmallow roast. A family favorite! Call the YMCA Livery (ext. 1140) for scheduling and additional information. Group rates are available with advanced contract and deposit.