



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# What to Pack

## YMCA of the Rockies

### Estes Park Center

Below is a list of suggested items to pack for your experience at the Y.

Remember to pack lightly - dorm rooms are small, and you may have up to three (3) roommates.

#### **What you should bring:**

##### **Clothing: All seasons:**

- pants/ jeans
- sweatshirts/sweaters
- jacket or parka,
- t-shirts
- swimsuit & swimming towel
- nice clothes for special occasions

##### **Winter season** (October-May)

- heavy coat
- scarf, gloves, boots, and a hat for cold weather / snow
- snow boots
- ice cleats, i.e., Yaktrax, etc.

##### **Work-Related Clothing**

- Work pants & shoes (depending on your position) Refer to the Dress Code section of the Seasonal Staff and Volunteer Handbook and your Work Agreement/Job Description for additional information.
- Rain gear: no umbrellas due to lightning
- Good walking shoes and/or hiking boots
- Sunglasses, sunscreen & insect repellent
- Toiletries (soap, shampoo/conditioner, toothbrush/toothpaste, hairbrush, etc.)
- Shower sandals (some buildings have communal showers)
- Shower caddy
- Sporting gear (appropriate to the season)

## **International Staff**

- Adapters for electronics – American outlets are different from other countries - adapters are not sold near our facility
  - Cultural items – bring items that represent your home country for cultural events

## **Helpful to Have:**

- Flashlight/headlamp
- Daypack/backpack, water bottle
- Speaker: No large stereo systems - Please!
- Laundry basket or laundry bag, detergent, dryer sheets, etc.
- Laptop, tablet, etc. plus chargers (we have wireless internet available in most of our buildings)
  - Please note that the Y has sufficient signal, except for VERIZON. You may want to change your carrier for your time here.
- Musical instrument (if you play one)
- Bedding sheets and blankets are provided; however, feel free to bring your own; beds are twin size
- Pillow is provided, but many also bring an additional one
- Towels are provided, but you may bring your own
- Hangers for clothing
- Medications for your stay or a plan to get prescription medications through local Safeway Pharmacy or the in-town drug store
- Small boxes for storage
- Correspondence materials, stamps, scissors, tape
- Non-slip tub mat
- Extension cord
- National Park Pass

Note: Estes Park has a Dollar General and Safeway grocery store if you want to purchase items as needed.

**If you have any questions, email [epchr@ymcarockies.org](mailto:epchr@ymcarockies.org)**