ACTIVITY GUIDE
FRIDAY, JANUARY 21 – FRIDAY, JANUARY 28
YMCA OF THE ROCKIES - ESTES PARK CENTER

Questions about what’s available during your stay? Call x1104. Kids under 13 must be accompanied by an adult. Masks required in all indoor facilities.

PROGRAM FACILITY HOURS

SWEET MEMORIAL BUILDING
Friday and Saturday, 8:00 AM–8:00 PM; Sunday–Thursday 8:00 AM–5:30 PM
The hub of the Programs Department, consider us your Activity Visitor Center. Come here to get full schedules of activities, check out board games, mini golf equipment, basketballs, tennis equipment and to plan out your fun! Masks required inside facility. Questions? Call us at x1104.

MOOTZ FAMILY CRAFT & DESIGN CENTER
Open Daily 9:30 AM – 5:00 PM
Try glazed ceramics, tie dye, mosaics, painting woodcrafts and more. Prices range from $5-$85. Activities may vary by day. Masks required inside facility. Questions? Call us at x1132.

BOONE FAMILY MOUNTAIN CENTER
Open Daily 9:00 AM – 5:30 PM
Sign up for hikes, visit our nature center, or get info about our climbing and biking activities! Plus, find tons of information about hiking, both at the Y and in the National Park. Masks required inside facility. Questions? Call x8402.

LULA W. DORSEY MUSEUM
Questions? Call us at x1136. Last admittance 30 minutes before closing. Masks required inside facility.

MAUDE JELLISON LIBRARY
Masks required inside facility. Questions? Call us at x1133.

DORSEY SWIMMING POOL
Capacity may be restricted. Pool is closed during lightning storms. Call x1135 for space availability and weather conditions. Kids 12 and under must pass a swim test to enter the deep end. Kids 7 and under must have an adult in the water.

BOB ECKER ROLLER RINK & LONGHOUSE GYM
Roller Rink: Open Thursday–Sunday 5:30 PM–9:30 PM
Longhouse: Open Daily 8:30 AM–9:30 PM
Check out some of our roller skates for a spin in the rink or play basketball, volleyball or pickleball in the gym.

SWEET MEMORIAL GAME ROOM
Friday -Saturday, 8:00 AM–8:00 PM; Sunday–Thursday 8:00 AM–5:30 PM
Our game room in the basement of Sweet Memorial is open! Play ping pong, pool, shuffleboard and toddler activities. Masks required inside facility. Questions? Call x1104

Call 970-586-3341 ext. 1104 for more information. Kids under 13 must be accompanied by an adult.
PAID ACTIVITIES

Must register in advance. Click here to register online or call Sweet Memorial at x1104. Registration opens two weeks in advance and some activities fill quickly. Masks required in all indoor facilities.

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| **Escape Room**
Coleman Cabin
$10/ person
8 person max
*Harry Potter Theme*
Masks Required. | 8:30 AM 10:00AM 12:00 PM 1:30 PM 3:00 PM | 8:30 AM 10:00AM 12:00 PM 1:30 PM 3:00 PM | 8:30 AM 10:00AM 12:00 PM 1:30 PM 3:00 PM | 3:00 PM | 3:00 PM | 8:30 AM 10:00AM 12:00 PM 1:30 PM 3:00 PM |

| Archery
Indoor Archery Range
Ages 6+
$10/person
12 person max
Masks Required. | 8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM | 8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM | 8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM | 8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM | 8:30 AM 9:30 AM 10:30 AM 1:45 PM 2:45 PM 3:45 PM |

| Indoor Climbing Wall
Mountain Center
Ages 5+
$10/person,
8 person max

FREE ACTIVITIES
Call Sweet Memorial at x1104.

**WORSHIP IN THE ROCKIES**
SUNDAY at 10 AM

Guests and staff are invited to Ponder Chapel for a wonderful hour of worship. Face coverings required.

For those who wish to join us online:
Click here to tune in!

**SLEDDING**

Check out sleds from Sweet Memorial and have some fun! Call x1104 or stop by Sweet Memorial to find out the current conditions.

WHERE NATURE, HISTORY & ART INSPIRE!

The Lula W. Dorsey Museum has created two self-guided walking tours for you to enjoy! These informative strolls around our Estes Park center explore our history and public art and encourage you to engage with art and nature. Access the tours by clicking on the tour you are interested in!

PUBLIC ART TOUR
WALK ABOUT THE Y HISTORY TOUR

Questions? Call x1136.

Call 970-586-3341 ext. 1104 for more information.
Requires sign up: Register online or visit the Boone Family Mountain Center to ask questions in person. A variety of circumstances may change the schedule of any hike. It is imperative that all hikers check in at the Mountain Center hiking counter no later than 5pm the day before the hike. Please bring your Y lodge room number or cabin name at that time.

**HIKING RENTALS**
Available at the Mountain Center.

- Hiking Poles $5
- Day Pack $5
- Kid Carrier $10
- Stroller $5
- Microspikes $10
- Snowshoes $10
- LOWA Boots FREE

**HIKING CALL 1311 to register. All hikes are free for YMCA of the Rockies guests and members.**

**Hike Difficulty**
A = Most Difficult  B = Very Demanding  C = Demanding  D = Strenuous  E = Moderate Plus  F = Moderate  G = Easy  H = Easiest

**Prerequisites:** To meet the prerequisite for an A, B, C, and D hike, a hiker must have completed without difficulty a YMCA of the Rockies (hikemaster-led) hike of no more than two grades lower within three months before the hike. This means a C hike is the prerequisite for an A hike (some A hikes may require additional hiker scrutiny due to their high level of physical demand); a D hike is the prerequisite for a B hike, etc.

**OUTDOOR ED KITS TO-GO**
We have fully designed curriculum for kids in 3rd-8th grade.

Kits are free and can be reserved by calling x8402. Each class takes 3 hours. Pick up at the Mountain Center. Classes include:

- Montane Forest Ecology
- Night Hike
- Outdoor Living Skills
- Route Orienteering
- Water Ecology

*No teaching experience is necessary. Follow step by step guides for a hands on educational experience.

**Call 970-586-3341 ext. 1104 for more information.**
Questions? Call x1104
** Our classes will go outdoors and classes run rain, snow or shine! **

Friday, January 21
8:15 AM • Little Explorers @ Sweet
9:00 AM • Animal Detective @ Sweet
9:45 AM • Wooly Worm Hunt @ Sweet
10:15 AM • Bird is the Word @ Sweet
10:30 AM • Survival @ Sweet
11:30 AM • Parachute Games @ Sweet
1:30 PM • Junior Survival @ Sweet
1:30 PM • Floor Hockey @ LH
2:45 PM • Walk in the Woods @ Sweet
3:00 PM • Science: Slime @ Sweet
4:30 PM • Geocaching @ Sweet
4:30 PM • Fire Quest @ Sweet

Monday, January 24
8:15 AM • Little Explorers @ Sweet
9:00 AM • Animal Detective @ Sweet
10:15 AM • Bird is the Word @ Sweet
11:30 AM • Parachute Games @ Sweet
1:00 PM • Bear Talk @ Sweet
1:30 PM • Floor Hockey @ LH
1:45 PM • Survival @ Sweet
3:30 PM • Rolling Thunder: The North American Bison @ Sweet
4:30 PM • Geocaching @ Sweet
4:30 PM • Knots @ Sweet

Saturday, January 22
8:15 AM • Little Explorers @ Sweet
9:00 AM • Animal Detective @ Sweet
9:45 AM • Wooly Worm Hunt @ Sweet
10:15 AM • Fire Quest @ Sweet
10:30 AM • Children’s Story Time @ Library
10:30 AM • Survival Bracelets @ Sweet
11:30 AM • Parachute Games @ Sweet
1:30 PM • President Teddy Roosevelt @ Library
1:30 PM • Ultimate Frisbee @ LH
3:00 PM • Make Your Own Ice Cream! @ Sweet
3:30 PM • What about Wolves? @ Sweet
4:30 PM • Knots @ Sweet
4:30 PM • Origami @ Sweet
6:00 PM • Community Fire @ Sweet

Sunday, January 23
8:15 AM • Little Explorers @ Sweet
9:00 AM • Animal Detective @ Sweet
10:15 AM • Bird is the Word @ Sweet
11:30 AM • Parachute Games @ Sweet
1:30 PM • Junior Survival @ Sweet
1:30 PM • Floor Hockey @ LH
2:45 PM • Walk in the Woods @ Sweet
3:00 PM • Science: Slime @ Sweet
4:30 PM • Geocaching @ Sweet
4:30 PM • Parachute Games @ Sweet

Wednesday, January 26
8:15 AM • Little Explorers @ Sweet
9:00 AM • Animal Detective @ Sweet
10:15 AM • Bird is the Word @ Sweet
11:30 AM • Parachute Games @ Sweet
1:00 PM • Wooly Worm Hunt @ Sweet
1:30 PM • Ultimate Frisbee @ LH
2:45 PM • Walk in the Woods @ Sweet
3:30 PM • Dino Discovery @ Sweet
4:30 PM • Origami @ Sweet
4:45 PM • Rocky Mountain Journals @ Sweet

Call 970-586-3341 ext. 1104 for more information.

FREE FAMILY PROGRAMS
Registration Required. Call x1104 or register online by clicking here!

Age Ranges Family Programs (all ages) • Little Learners (6 and under) • Young Adult+ (10 & up) ☉
Locations: Mountain Center (MC) • Sweet Memorial (Sweet) • Legett Youth Building (Legett) • Dorsey Pond (Dorsey) • Maude Jefflin Library (Library)

Family Programs Descriptions...

FAMILY FUN

ANIMAL DETECTIVE (1hr)
Learn about animals that call the Rockies home. We will observe tracks, scat, bones, and antlers, then put our detective skills to work to see what animal signs we can find outside!

BINGO (1hr)
B-I-N-G-O! Grab a card and get your game face on!

BIRD IS THE WORD (1hr)
Come learn about fall birds in our area and make your very own bird feeder!

COMMUNITY FIRE (1hr)
Come join a free community campfire. Feel free to bring your own s’mores supplies!

DINO DISCOVERY (1hr)
Learn about the rich history of Dinosaurs in Colorado and get ready to put your paleontology skills to the test!

FLOOR HOCKEY (1hr)
Whether we get a full game going or just practice penalty shots, grab a stick and let’s go!

FIRE QUEST (1hr)
Fire can be a life-saving tool outdoors. Come learn how to use various methods to spark safe fires.

GEOCACHING (1hr)
Join our instructor to learn the basics of Geocaching, and then set out to see what we can find. This class is designed for beginners.

KNOTS (1hr)
Knot tying is an essential backcountry skill. Learn a half hitch, bowline, and more useful knots!

ORIGAMI (1hr)
We will explore basic folding patterns and replicate easy designs.

SCIENCE (1hr)
Become a scientist. Make Ice Cream, Oobleck, Slime, and marshmallow catapults.

SURVIVAL (1.5hr)
Learn some important skills to help you stay safe in the wilderness.

SURVIVAL BRACELETS (1hr)
Make your own survival bracelets for your outdoor adventures!

TRIVIA (1hr)
Test your random knowledge on a team with your family, or mix it up with other guests!

ULTIMATE FRISBEE (1hr)
A great hour of Frisbee team excitement!

WALK IN THE WOODS (1hr)
Take a leisurely hike around property to explore the trees, plants, and animals in our area and how they come together to thrive in our mountain woods.

YOUNG ADULT

BEAR TALK (30 min)
Explore the lives of bears and how to keep yourselves and them safe in this bear-y interesting talk!

WHAT ABOUT WOLVES? (45min)
Grey wolves were extirpated from Colorado in the late 1800’s. As wolves begin to migrate back, learn about the effect of these large carnivores on their ecosystems.

LITTLE LEARNERS

JUNIOR SURVIVAL (1hr)
Come learn about the 10 essentials for hiking before we head outside for an outdoor treasure hunt!

LITTLE EXPLORERS (30 min)
Explorers use their senses to observe and investigate the world around them. Take a walk with our facilitator and practice your exploring skills!

PARACHUTE GAMES (30 min)
Rise and fall with our big parachute as we play games

WOOLY WORM HUNT (30 min)
Join our adventurous hunt for the mysterious wooly worms and learn about how animals use camouflage!